



A Gift For This Time

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“A lot of kettles had rattled a lot of lids before James Watt one day watched this happening and grasped the potential power of steam. A lot of apples had fallen on a lot of heads before Isaac Newton had his revelation about gravity. A lot of seemingly ordinary things have hidden magic. The fact that nobody else can see this - or that you, yourself, have looked at them before and seen nothing - cannot be a reason to assume that there is nothing there to be seen.”

Jonathan Cainer

From the Editor

Hi All,

Goodness this moment has come around quickly. In the southern hemisphere we are entering our springtime – a time when new shoots and buds appear in our gardens, from the earth and from the branches of bare trees. It is a sight to behold.

It seems as if the nature of spring has sprung through the articles! By the way, in the Feature Article section we are introduced to the work of Diedre Le Patourel.

In this issue there appears to be a pattern of emergence, of something blossoming or about to blossom. Both articles express a sense of knowing ourselves to be ready enough, but for what? I get the feeling that we may be talking about an alignment. We have been taken as far as is possible, perhaps now it is time to hop of the scales. Are we lighter than the feather?

As I write this Patrick and Nina are travelling to Darwin in the N.T. from Townsville in Q'ld. Thankfully I received Patrick's contribution before he left, but unfortunately cyberspace got the longer version and I the shorter! Short is good though and to receive anything at all when much is happening is a sign of the commitment Patrick has made to keep in touch with everyone through the WDHR newsletter.

Enjoy!

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Finding the truth within...

by Jan Melanie

Whilst looking for a particular document I went through my filing system recently. It was important that I glimpse through every folder, as often the name on the file doesn't match what lies within. Interesting, I now reflect!

I didn't find what I was looking for however nothing is ever in vain. A moment to reflect and ponder as I saw scribbled notes, thoughts and copious files on so many courses I had attended in metaphysics. It was a little overwhelming as a part of me wondered where I might have stored all this within me.

I was thankful that I had not kept a noted file on everything I had done in my life thus far, for this would have taken days to sort out. I then remembered a meditation once done in esoteric training. There was a library of books, books filled with information about our lives. It was an enormous library containing every single detail of thought, idea, action, reaction, event and situation in our lives. The house in which this library dwelled was called the sub-conscious mind. We could go there any time to see what was stored and if warranted, change what we had previously subscribed to as a belief or a decision once made.

I wondered then why I still hung on to these notes and if I was now ready to let them go. I remembered the wonderful feelings I had many years previous when sorting through notes, papers and essays written at university and before that, college. It was so easy to let the bulk of them go with such gratitude for the choices I had made to lead me on this path and appreciation for the wonderful times I had had in this space where I learned to love that I could think for myself.

Do I now hang on out of fear that I might have missed something, or is it testimony to what has been a driving force in my life? At university you write an essay for which you receive a mark and feedback and you move on to what is next. Each term or semester takes you on another journey and just as you had a moment to feel joy, accomplishment and perhaps relief that you had done your best and completed something, there is more – not more of the same but new challenges, new horizons, new insights to be experienced. So it was impossible to gloat with pride or feel you knew everything because that just wasn't true. There was always more and the more was always an exciting adventure into a previously unknown element of the study. Others had been beforehand, but this was your unique contribution to the field of knowledge you would leave in your wake, unaware of the impact it might have. On oneself the impact was that you had committed to something, saw it through, learned much and grown in a way that could never be undone.

"There are beautiful and wild forces within us."

With these words, S t.

Francis of Assisi described the mystery and power that lives within every man, woman, and child born into this world.

The Sufi poet Rumi further described the magnitude of that power by comparing it to a great oar that propels us through life. "If you put your soul against this oar with me," he begins, "the power that made the universe will enter your sinew from a source not outside your limbs, but from a holy realm that lives in us."

So what am I hanging on to? It is true that I am writing a book but I do not consult these notes, for what I am writing about has more to do with it being written from a perspective of what I have become. I am still mapping a journey, which has at its centre what has been imparted, but the unfolding story is more of an expression of viewing points that fills out and expands on the question, "what have you done with this gift of life?" It is a labour of love shaded with the hues of a rainbow of appreciation for this space we call esoteric or metaphysical study. It is a thankyou to the teacher within manifested without who helped to make this life more of what we could make it. It reflects the highs and the seemingly lows, the triumphs and the challenges and overwhelmingly the courage to do, be and have an aspired to and inspiring life. There is no right way or wrong way so there is no reason to hang on to indelible impressions on pieces of paper.

So why have I once again closed the filing cabinet with notes intact? It is interesting that my filing system loses its sense of order over time and I can be surprised by what I might find. I know when I put something into a folder I just may forget where I have put it but right then this is what seems to be the best place. Perhaps I enjoy the surprise of discovering something I had forgotten when I am looking for something else! It may also be that I don't have the space any more to store things away like a squirrel so I have an old habit of keeping notes 'just in case I need them' slamming up against a new habit, not quite as trusted yet, of knowing I can access whatever I want whenever I want in the filing cabinet of my mind. The latter I feel, involves trusting and loving self in each and every moment. The old habit reflects for me a need to be propped up or at least feel there are props if needed. In effect it is all an issue of trust and love.

With this reflective thinking prompted by such a tiny matter of looking for a particular document in my filing cabinet, I wondered what I might take into the Magic Theatre right now, before I decide I no longer need these notes and act upon that decision.... probably a pen and paper and maybe even a sleeping bag and pillow!!! There is a little voice in my head saying, "let go and live sweetheart".

A short break...

Dr. Phil on his television program proclaimed, "*The way to achieve inner peace is to finish all the things you've started.*" So, I looked around my house to see all the things I started and hadn't finished. Before leaving the house this morning, I finished off a bottle of Merlot, a bottle of White Zinfandel, a bottle of Bailey's, a bottle of Kahlua, a package of Oreos, the remainder of both Prozac and Valium prescriptions, the rest of the cheesecake, some Saltines and a box of chocolates.

You have no idea how freaking good I feel!

If those who lead you say
to you, "See, the
Kingdom is in the sky,"
then the birds of the sky
will precede you. If they
say to you, "It is in the
sea," then the fish will
precede you. Rather, the
Kingdom is inside of you,
and it is outside of you.
When you come to know
yourselves, then you will
become known, and you
will realize that it is you
who are the sons of the
living Father. But if you
will not know yourselves,
you dwell in poverty and it
is you who are that
poverty.

(All the sayings of Jesus
gathered from ancient sources.

This single volume has been
compiled by Ricky Alan
Mayotte) From *The Complete
Jesus*. (Pg 71) Jesus

A bit of Humour ...

Apparently Bill Gates gave this speech at a High School about 11 things they did not and will not learn in school. Thanks to Elwyn Watkins for sending this in....

He talked about how feel-good, politically correct teachings created a generation of kids with no concept of reality and how this concept set them up for failure in the real world.

**Life is what we make it.
Always has been.
Always will be.**

Rule 1: Life is not fair - get used to it!

Rule 2: The world won't care about your self-esteem. The world will expect you to accomplish something BEFORE you feel good about yourself.

Rule 3: You will NOT make \$60,000 a year right out of high school. You won't be a vice-president with a car phone until you earn both.

Rule 4: If you think your teacher is tough, wait till you get a boss.

Rule 5: Flipping burgers is not beneath your dignity. Your Grandparents had a different word for burger flipping they called it opportunity.

Rule 6: If you mess up, it's not your parents' fault, so don't whine about your mistakes, learn from them.

Rule 7: Before you were born, your parents weren't as boring as they are now. They got that way from paying your bills, cleaning your clothes and listening to you talk about how cool you thought you were. So before you save the rain forest from the parasites of your parent's generation, try delousing the closet in your own room.

Rule 8: Your school may have done away with winners and losers, but life HAS NOT. In some schools, they have abolished failing grades and they'll give you as MANY TIMES as you want to get the right answer. This doesn't bear the slightest resemblance to ANYTHING in real life.

Rule 9: Life is not divided into semesters. You don't get summers off and very few employers are interested in helping you FIND YOURSELF. Do that on your own time.

Rule 10: Television is NOT real life. In real life people actually have to leave the coffee shop and go to jobs.

Rule 11: Be nice to nerds. Chances are you'll end up working for one.

"The ego could be defined simply in this way:
a dysfunctional relationship with the present moment."

Eckhart Tolle;
A New Earth.

Feature article...

I decided not to put a label of prose or poetry or any other such claim on the following. Rather I decided to make the label "Feature Article" so as not to dictate any particular mindset in which to read it. Please enjoy.... The Editor

Grooming...

by Diedre Le Patourel

Before I stand above the fire I am to be strong to melt into the flame,

Before I swim and nearly drown I am to feel as though never again.

Before I fly in pastel clouds I am to breathe the fire from within,

And before I stand on solid ground I am to know my feet are where I begin.

And with all these I stand somewhere, maybe in some foreign place...

But without heart and all my love, how and what am I to embrace?

For if not I, then who will love me each and every step I take?

For if not I, then who will show my growth and my courage through a human mistake?

And if all is out there and none is mine

I may as well give up my nursery rhyme -

For without I and I alone

I will never reach my home...

But with me and with others too maybe we can become something new,

For if we walk hand in hand, in trust to never never land...

Maybe we will hear a whisper of union and something will ring true!

When doubt prevails and I reach out I may be close to giving up,

But when doubt prevails and I reach in, squeezing the last drip from my dry cup.

And when all is dry and I stand in hope the water will flow -

Maybe first with tears, and then with rain and waterfalls -

But the water will flow with me standing tall.

And as it flows and the rainbow shines

I am beyond space and this so called time,

For a fraction of a moment so timeless and most real

I will discover I am made of steel.

A full-spectrum approach to human consciousness and behaviour means that men and women have available to them a spectrum of knowing - a spectrum that includes, at the very least, the eye of flesh, the eye of mind, and the eye of spirit.

- Ken Wilber

And steel I am I march on, above the bristles and thorns and
the hills over which I have climbed,
Over the dry and arid paths, beyond shelter and bare foot,
naked to see what I will find!
And as I strip my last cloth I have,
I will surrender to that which I did not know.
But I become more of this knowledge deep within
Behind my masks, not in the flesh, not in the skeleton.
For if I stay still I may rot
And if I go back I am to be forgot,
But each and every day if I am anew
I will find what I always knew were true.
And with this knowing and courage kept tight
I hold onto what need be and let go of some with all my might.
To be my wings and let them shine
I am the Queen at which every moment I dine.
And the challenges made real are there to step on
Every way dealt with maturely, with every moment still
whispering a song.
Alas I hear it sounding more clear,
I think I am going home now, I think I am near...
A speckle that shines and a spark to not die
I lie in my wonderland and take my first real breath of sigh!

Letters to the Editor...

Heleen Fourie has sent in an observation about portrayals in the medium of movies. Does anyone else have some observations of their own they would like to share in this medium?

Thanks Jan,

Thank you for the Newsletter - it is one of the many small joys in my world!

I thought you could put a little thought out there.

Interesting world we live in where the superman movie depicts a "jesus" figure and the superwoman movie a "witch". Would this be a reaction, a reflection or a manifestation?

Thanks again,

Heleen

Our outer world is a direct reflection of our inner world. Feelings coupled with clear intention shape the very physical essence of our reality. There is no longer any doubt that we are creator beings, however as we learn to be conscious--as well as compassionate--we take our next evolutionary leap as a species and make the shift toward a renewed and more beautiful world.

E velyn Rysdyk

Current Events

by Patrick Desplace

Hello there,

As most of you are aware, Cyril and I have presented a healing course in Canberra. The course was well attended. It was a one off unique experience for all those concerned.



We re-awakened the PDCK School of Para Psychology that Cyril and I founded about 30 years ago, and the school issued the Healing Diplomas – of course, accredited by WDHR!

I know that all participants are going through changes they are unable to comprehend at this time but that will become obvious to them soon enough – no one ever encounters Cyril and remains the same ever again. Many participants were privileged to have a personal encounter with Cyril – were they the lucky ones? Or does the Chinese curse apply: *May interesting times lay ahead of you?*

On the world scene, we have had the conflicts and confrontations of Israel and Hezbollah. Also, we have had a major volcanic eruption in Equador and more volcanic activities in The Phillipines – but since people were evacuated in time, and the death toll was “negligible” the media did not report much.

In a way the planet is giving us – me in particular, some breathing time. I need this breathing time at the moment.

On the Political/ Human/ Financial scene, unless something drastic and definite happens by the 15th September, we all have about a 6 month breather!

I will have much more to say next month.

Patrick

Although each of us obviously inhabits a separate physical body, the laboratory data from a hundred years of parapsychology research strongly indicate that there is no separation in consciousness.

- Russell T arg

Contact Us

Thanks to everyone who is offering their own thoughts in written form for consideration. I have waiting some yet to be included short articles, poetry and jokes. Creation, or is it co-creation, is now happening and it is good. It is also good that they keep coming! This is an open invitation for you to put forward your creative ventures in writing with a view to having them published in the newsletter. If you feel you need a framework to proceed, guidelines will be made available upon request.

My accessit server was down from 12/8 to about 21/8. If you sent any correspondence to me at the usual address I have not received it, please resend if you want a response.

Last issue I said I would put some focus on 'classified ads'. Really what I want to impart is what column size these ads will take on.

Classifieds may take up a full column. Width for all is 4.5cms and the minimum length is 7cms.

Classifieds also will contain words without pictures, however if you have a logo or a heading that you can condense to fit the width this is acceptable.

Please send correspondence and submissions to me, Jan Melanie, at the following email address: janmelanie@iinet.net.au

Patrick's Calendar for rest of 2006

Arrive Hong Kong 9th October...

- Public Lecture 11th and 12th Oct
 - **"Simply Magick"** is being offered on the following dates:
 - Saturday & Sunday: 14th & 15th / 21st & 22nd October
 - Tuesday: 17th October
 - Thursday: 19th October
- {leave 25th October}

Arrive United Kingdom 26th October...

- Public Lecture Sunday 29th Oct and 31st Oct
 - **"Simply Magick"** is being offered on the following dates:
 - Saturday & Sunday: 4th & 5th / 11th & 12th November
 - Thursday: 2nd & 9th November
- {leave UK 13th November}

Arrive France 13th November...

- Public Lecture 15th and 16th Nov
 - **"Simply Magick"** is being offered on the following dates:
 - Saturday & Sunday: 18th & 19th / 25th & 26th November
 - Tuesday: 21st November
 - Thursday: 23rd November
- {leave France 29th November}

Arrive Oregon, U.S.A. 28th November...

- Public Lecture 6th & 7th December
- **"Simply Magick"** is being offered on the following dates:
 - Saturday & Sunday: 9th & 10th / 16th & 17th December
 - Tuesday: 12th December
 - Thursday: 14th December
- **WHITE CHRISTMAS**

Welcome to the playing field of

The WDHR Newsletter

If you would like to play ...

You are welcome ...



Here are the dimensions and specifications to play this field well.

- **Dimensions:**

Classified ads	AUD 10.00 per ad
Within field {links}	AUD 15.00 per ad
Full page ads	AUD 20.00 per ad

*note when paying through PayPal a small extra charge applies
- **Specifications:**

Classified:	7cms x 4.5cms
Within field of newsletter {equiv. half page}	
Full page {within file size of 60KB word doc}	
- **Deadline:** 25th of each month
- **Payment:** to be made by 1st of each month {prior to mail out}

Special requirements to keep in mind...

Keep it Simple to Capture the essence

At any time you can ask the Caretaker for help or advice. SHE may even do it for you for a small fee... [experience in Copywriting, Editorials and Advertisements]

CONTACT THE CARETAKER THROUGH EMAIL: janmelanie@iinet.net.au

OR, TALK TO HER THROUGH SKYPE: place 'janmelanie' in search.