



A Gift For This Time

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Here is a new archaeological discovery, high in the Peruvian Andes. It's a celestial observatory on the top of a 33-foot tall pyramid. Precise alignments and sightlines show that it was specifically constructed to mark the summer and winter solstices. Experts reckon it's at least 4,200 years old, which puts it roughly on a par with the pyramids of Egypt... and with Stonehenge. As with these and other ancient sacred sites across the world, little is known about the people who created them. It seems they took their astrology very seriously.

...an extract from Jonathan Cainer's website

From the Editor

Welcome to the WDHR Newsletter!

It has been a hectic time in the office getting this issue out. Could be something to do with the Destroyer Ray I am nearing the end of.

Anyway it is a pack filled ever-evolving read... I hope. Life seems to have changed since *Simply Magic* and *Tiuty 2006* and I believe it reflects here.

We have the usual article, humour, reviews, poetry and Patrick's commentary together with a unique opportunity for you to advertise with us. As previously mentioned the readership is close to 600 worldwide. To make this happen we are making an introductory offer for the next issue.

Also in the melting pot are two new additions – both to do with your participation. Watch out for the next edition to find out more about these.

The theme here though seems to be one of preparing the mind, body and soul for the changes to come. We are living in interesting and unique times. At times we may feel challenged, sometimes we may feel excited but one quality overshadows and that is the need to be present. The past needs to be once and for all released. To do this now all we need to do is forgive ourselves for feeling bad/good about what we may or may not have done!

Enjoy!

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Be Present an exploration

by Jan Melanie

Since attending *Simply Magick* and arriving home from *TIUTY* it seemed as if my mind was empty. Usually, as it draws closer to the end of the month curiosity heightens and life serves up something to write about – be it from an innocent conversation or an experience, but never expected or planned. Usually, once there is a focus other related thought comes forth – be it from an article or book recently read or simply through mind an alignment of thought takes place. This month however, after attending the above courses, I dreamt an article. I thought I was awake enough to remember what I had ‘written’ but when I did wake up I couldn’t remember the flow of thought. Days later one aspect came through to me but alas the whole ‘article’ could not be retrieved.

What had happened? It seems new territory had been laid down. The words “be present” kept running through my mind – not so much as a reminder but as an answer to this new territory so much desired but not completely experienced to this degree before. The comment of Gandhi that Patrick has written alongside his name on Skype, “Wherever you are Be There”, was imprinting like a suggestion. I found myself going into a reflective mode. I found myself thinking about the journey guided by metaphysics over the past 14 or 15 years, in particular the journey in relation to this space of being more present than ever before. This sounds like a paradox!

With this background certain aspects of training in metaphysics with Patrick Desplace popped into my waking dream. If you remember from the advertising of *Simply Magick* it is a new wave springing forth from *Esoteric Training 1* and *Self Mastery 1*, which a few decades ago related to the then tomorrows of the world. What this means is there is now new frontiers of tomorrow to explore. Metaphysicians are forever evolving. Restlessness sets in if too contented.

I started thinking about the question often proposed on the first night of *E.T.1*. Could it be that we are having a dream somewhere else dreaming ourselves here in this room? Those of us who commenced our training with Patrick it would be further suggested that we are dreaming an exotic teacher of French extraction, perhaps to make it that much more interesting. Here were the seeds of knowing that you create your own reality for no matter what was said each and everyone would hear differently according to own needs. Later it was put to us to find the dreamer dreaming us here. In so doing we could more elegantly change and be in charge of the script.

I can remember accepting this notion and when it was said I would have a glimpse of being in a dream, but all too often this dream we call reality appeared far too real. So although I allowed it to be a possibility I did not entirely relate to the dreamer dreaming me here. Were seeds being planted that would shoot and grow when the individual was ready? How glad I am that I never heard a condescending remark following the revelation that it just might not be exactly the way it appears to be.

The opposite of a fact is
falsehood, but the
opposite of one profound
truth may very well be
another profound truth.

- Niels Bohr

E.T.1 changed at the turn of the century, not in its purpose or name, but in the conveyance of information. My understanding is that new energies were available and with it new abilities to perceive. Just before being exposed to this change I drove with Patrick from Adelaide to Darwin. The topic of being successful came up. I remember saying that no matter what effort or passion or focus I had put into what I was involved with at the time I couldn't claim that I was successful as I imagined success to be. Patrick's response had my perception of success reeling! He said that it wasn't actually possible to attain success (remember we are talking metaphysics here) prior to the turn of the new century when new energies would become available.

I didn't understand this completely although I did hear a quieting of my judgemental self. Perhaps the times had been right for learning, for gathering new information, and for putting into practice new found concepts and ideas. Perhaps also being there, right in the thick of it all, with passion and desire leading the way, would make it possible to elegantly access these new energies. What is success anyway?

The old paradigm we were attempting to disengage from equated success with status, particularly of a financial nature. Whilst financial independence is an incredibly worthy state from which to play, its' meaning was end driven. Consensus reality had success tied up with identity, and that identity was validated externally through its success. It existed in the realm of domination and in the land of duality, that is, success was more competently defined with its opposite, failure. What metaphysics was inviting us to do was to place it more obviously in the realm of dominion, if dominion was our choice. To do this requires practice – a practice that has no clear definition of success or failure, just experience, and a practice that does not have a goal of external validation of self, just the joy and happiness of doing the best one could.

More recently new energies have become available and as alluded to previously, the original ET1 information although still valid, is now widely used in various metaphysical schools of thought. This prompted a new program called *Simply Magick* – a name that reflects the resonance of the Now Time. This program was designed to bring forth concepts, knowledge and wisdom that belong to the Tomorrow of Now. *Simply Magick* is a program of, by and for the future.

I have a query at this point of identifying a surge of new energies being available. The query is born of a mind reflecting upon the notion of being asleep elsewhere and dreaming ourselves here. What more is being made possible? New beginnings with new alignments – what does this mean?

It would be foolish to go into any detail at this stage of having attended *Simply Magick* for one is still a fledgling. However, I feel I can say of myself that whilst being a participant I was able to glimpse a shift within myself. I say glimpse because I believe the space is conducive to having a taste of what it is like. It is up to us to maintain it not just pay lip service to the words.

Everything you see has
its roots in the unseen
world.

The forms may change,
yet the essence remains
the same. Every
wonderful sight will vanish;
every sweet word will fade,

But do not be
disheartened,

The source they come
from is eternal, growing,
Branching out, giving new
life and new joy.

Why do you weep?
The source is within you
And this whole world is
springing up from it.

- Jelauddin Rumi

I felt prepared as if I was acknowledging I had done enough. I began to trust that I could hear without listening and welcomed a willingness to see without looking. Where had all the internal criticism gone? Quite simply it did not exist.

Oh yes words and phrases had been similarly expressed before, like for example, “you are the author of it all”, “you have written the script and created all the characters”. It was information only. “At any time you can delete or change a character”. Oh yes it had been said before, right at the beginning of my training I had heard these or similar expressions, but somehow it now seemed closer, more accessible, more believable.... or something. What was different? I heard something else that has given me a glimpse of being able to own my authorship more easily. The question was asked, “you have written the script but whom do you identify with, the author or the character”?

With this question in mind I watched a couple of movies again - *13th Floor* and *Sliding Doors*. The last time I had watched *13th Floor* was in Fiji on route to Australia from *The Journey*. There were four of us along with Patrick watching this movie in the resort on a rain soaked day. When we came out from the movie a question was asked of Patrick and I heard him say that when you are not present other identities take over. So I paid particular attention to Douglas Hall and his simulation Johnnie Ferguson. Douglas downloaded into the simulation and realized he may have committed a murder, although it wasn't his character, as he knew himself. He realized that the simulations or units were real. He had a dilemma in his mind when he decided to shut the simulation down. It was an experiment and it appeared to be going wrong. His only recall was to pull the plug.

Whilst going through this dilemma of conscience he fell in love with a girl. She was the murdered Fuller's daughter, although there was no record of him having a daughter. At this point he was quite certain that he had murdered his boss and best friend. Simulations were crossing boundaries. In his confusion he said to her, “how can you fall in love with a dream?” to which Jane Fuller replied, “you are more real to me than anyone I have ever known”. She was married to a corrupted version of Douglas. His name was David and soon after Douglas downloaded into the program, David downloaded into Douglas and murdered Fuller. The user made himself a God and it corrupted him.

The film started out with Fuller writing a letter, the contents of which did not become known to us until the end of the film. The letter left for Douglas said that the world they thought was real was also a simulation. Their experiment led them to see they were also an experiment – a simulation within a simulation, a dream within a dream. The closing scene is one where it could be said they discovered the source of the Fuller simulation although it seems difficult to imagine that source itself was a conscious author. Perhaps the agreement lay in the willingness to be simulated in an experiment.

If I could take all your
words away and give you
but a sparse few, they
would be: 'I now know, I am
absolute, I am complete, I
am God, I am.' If there
were no other words but
these, you would no
longer be limited to this
plane.
- Ramtha

If we look at this in the context of being present, then how was Douglas not present? After all he allowed himself to be downloaded into by David who then murdered Fuller. If I recall it happened when to his surprise Fuller walked towards him as he was attempting to make contact with him by phone from the pub. In that moment of surprise his character shifted. Was he not aware because he identified more with the character of Douglas than the author?

Sliding Doors offered another opportunity to understand the notion of authorship. Through a set of events Helen missed her train. She didn't want to miss that train so she immediately rewrote a script to experience catching it. If she hadn't missed her train she would not have created this other time line. As everyone who has watched this movie will know the experimental line that led her to discover her boyfriends infidelities (which happened because she caught the train) was filled with new and exciting possibilities. Knowing he was having an affair forced her to act and to feel the depth of her emotion and in these moments of being awake she was able to welcome more of what she truly wanted – her own business and a relationship with a man who was grown up. Once she had experimented enough with this new and more exciting life and was certain the relationship was not heading in the same direction as before, she had to leave this 'other reality' line in order to actually live it.

Was she present in one and having glimpses of another to begin with? Was she writing a draft of a new script until she was ready to experience it? Where was this taking place? In the glimpse she was clearly being the author creating new characters, including herself.

When we look at reality in the context of the two movies mentioned and consider what 'being present' might be, it becomes possible to see that reality is quite flexible and fluid.

Being present it seems to me isn't about living a perfect life. Rather, it seems to me being present is about living a life with awareness, and that in being aware, we initiate making more possible for ourselves. Being present also it seems, inconspicuously acknowledges that I am the author and I am willing to take responsibility for the script.

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Reality is not only  
stranger than we suppose  
but stranger than we can  
suppose.  
- J. B. S. Haldane

## A sense of humour....

### ACTUAL AUSTRALIAN COURT DOCKET 12659 - CASE OF THE PREGNANT LADY

A lady about 8 months pregnant got on a bus. She noticed the man opposite her was smiling at her. She immediately moved to another seat. This time the smile turned into a grin, so she moved again. The man seemed more amused. When on the fourth move, she had the man arrested.

The case came up in court. The judge asked the man (about 20 years old) what he had to say for himself. The man replied, "Well your Honour, it was like this: When the lady got on the bus, I couldn't help but notice her condition. She sat under a sweet sign that said, *'The Double Mint Twins are Coming'* and I grinned. Then she moved and sat under a sign that said, *'Logan's Liniment will reduce the swelling'*, and I had to smile. Then she placed herself under a deodorant sign that said, *'William's Big Stick Did the Trick'*, and I could hardly contain myself. BUT, your Honour, when she moved the fourth time and sat under a sign that said, *'Goodyear Rubber could have prevented this accident'*... I just lost it."

CASE DISMISSED!

### and more ...

Some background for non-Australian readers... John Howard is the longstanding Prime Minister of Australia and Peter Costello, his deputy, has been waiting in the wings for many years to take over as Prime Minister. John Howard isn't willing to release his position of almost absolute rule!

[http://media.theaustralian.news.com.au/nich-davinci\\_player.htm](http://media.theaustralian.news.com.au/nich-davinci_player.htm)

Cease from practice  
based on intellectual  
understanding, pursuing  
words, and following after  
speech, and learn the  
backward step that turns  
your light inward to  
illuminate your self. Body  
and mind of themselves will  
drop away, and your  
original face will be  
manifest.  
- Dogen

## Book Review...

*Nell Whiteside from South Africa has reviewed the following book with quotations and summaries of three of the chapters...*

David Icke: ***Infinite Love is the Only Truth Everything Else is Illusion***. *Exposing the dreamworld we believe to be 'real'*.  
{Publisher: Bridge of Love Publications USA (2005)}

### **Chapter 3 Downloading Reality**

There is no world 'around' us as we perceive it; everything is all happening in our brains, or at one level of the illusion, it is.

As you read this book it certainly appears to be outside of you, but it only exists in your head – and as a 'physical' body, so do you!

### **Chapter 7 Old Age, New Age – Same Story**

The Matrix/Super hologram is an illusory multidimensional system/manufactured virtual reality with different software programs for different levels of awareness – including the non-physical levels.

Infinite consciousness/Oneness/All Possibility is awareness beyond the mind, beyond the Matrix. Any experience that takes **form** (physical or non-physical), **vibrates** (has polarity) or has **rules/laws** is a program of the Matrix.

New Age beliefs include all of the above. Karma is a Matrix myth as are evolution through experience/reincarnation, etc. We are already Oneness. Beliefs in Hierarchies and Heroes, pixies and fairies, ETs and UFOs are other sub-plots in the holographic movie.

### **Chapter 10 Logging Off**

We are in the midst of a collective transformation. Icke suggests that there are actually two transformations taking place.

1. **Matrix Transformation** – a fake, designed to mislead us. 2012 is significant in Matrix terms but is as illusory as the rest of holographic reality. It is just another scene on the DVD. It is about changing the game.
2. **Oneness Transformation** is about ending the game as we have come to know it.

The way to tell them apart is by their effect. Does a change bring love or conflict, balance or imbalance, imprison or set free?

Silence is your consciousness. Chatter is your program. Log off from the software and log onto consciousness. When consciousness overrides the software, we just KNOW. If you seek answers the Matrix has you.

*The mystery of life is not  
a problem to be solved  
but a reality to be  
experienced.  
- Aart Van Der Lecuw*

## Poet's Corner...

### OUT THERE IN HERE

*by Michael Corcoran*

Out there is the universe  
Sunsets and cities  
Sweet streams  
And raging storms  
Comets and black holes  
And many things  
We five sensed creatures  
Have not dreamed of.

In here is knowing.  
Once past the crust  
Of fears and fantasies  
And all the noise of  
Being out there  
The vastness opens  
To infinity and the  
Eloquence of silence the  
Achievement of stillness the  
Vision of darkness  
And I see and hear  
All the majesty of yesterday  
And glories of tomorrow  
Clustered into a glowing row  
That makes the vastness  
Pulse with possibilities.

In here  
Are the gentle whispers  
That set my foot  
On the path  
And drop stones  
To guide me home.  
In here is where I find  
Myself and  
Poetry and  
God.

...perhaps there is a  
pattern set up in the  
heavens for one who  
desires to see it, and  
having seen it, to find one  
in himself.  
- Plato

## Commentary...

by Patrick Desplace

### STOP PRESS:

Today 6/6/06 (triple 6), there are reports in different areas of the globe of people being evacuated from areas of **erupting volcanic activity**. The places are Mount Merapi in Indonesia [within 7kms radius]; Ibinas in Peru [450 families]; and from Kagoshima in Japan. Also today **earthquakes** in southern Taiwan 5.1 magnitude and Sulawesi Island, Indonesia 5.2 magnitude.

Looks very much like we are about to leave "The Eye of the Storm"! There is volatility in earth changes and in gold markets. We now need to be alert and think about how we can make provision for ourselves in the times ahead. Also 'aids' may mutate ... this and more in the coming decade!

**Regarding earthchanges...** Below is a rather impressive list of most volcanic and earthquake activity for the **month of May**. Perhaps you are aware that most major insurance companies are recalling their policies regarding provision for earthquake or volcanic activities. Shipping also will not be covered for tsunami and under water volcanic eruptions. In other words, natural disaster type activity will not be covered anymore!

### Earthquake activity

- **May 31<sup>st</sup>**: 6.3 in Yogyakarta. An undersea quake off the southern coast of Java Island.
- **May 26 and 31<sup>st</sup>**: 4.7 – Srinigar – Kashmir.
- **May 25<sup>th</sup>**: 5.1 Kamchatka Bay, Russia. Its epicentre 80kms beneath the Sea and 350 Kms N.E. of Kamchatsky.
- **May 22<sup>nd</sup>**: 5.2 Celebes Sea, 379 km N.W. of Manado (Indonesia) and 488 km SE of Lahad Datu.
- **May 22<sup>nd</sup>**: 6.0 Indonesian Islands – 10kms below sea (Banda Sea) and 183 kms SW. Ambon.
- **May 22<sup>nd</sup>**: 6.2 Eastern Siberia – Kussia – Koryakia Region on Eastern Kamchatka Peninsula in Siberia.
- **May 22<sup>nd</sup>**: 4.3 Brooks Range, Alaska – 6 miles below sea level.
- **May 21<sup>st</sup>**: 5.0 East Central Bay of Bengal.
- **May 19<sup>th</sup>**: 6.2 34 miles beneath Molucca Sea – Indonesia.
- **May 17<sup>th</sup>**: 7.5 South Pacific, North of New Zealand.
- **May 16<sup>th</sup>**: 5.8 Tonga, Sth. Pacific.
- **May 16<sup>th</sup>**: West Coast of Sumatra near Nias Island.
- **May 15<sup>th</sup>**: 5.0 Wellington, New Zealand – 60 kms below surface.
- **May 15<sup>th</sup>**: 5.6 Sundra Strait between Islands of Samutra and Indonesia.
- **May 15<sup>th</sup>**: Wellington – New Zealand – 60 kms below sea level.
- **May 12<sup>th</sup>**: 5.6 Lampung in South Samutra (Indonesia) – 14 kms beneath sea level.
- **May 12<sup>th</sup>**: 5.5 on the India/Burmese border.
- **May 12<sup>th</sup>**: 5.1 Taiwan.
- **May 10<sup>th</sup>**: 5.2 Flores Island – Indonesia.
- **May 9<sup>th</sup>**: 6.3 Fox Island in the Aleutian Islands – Alaska.

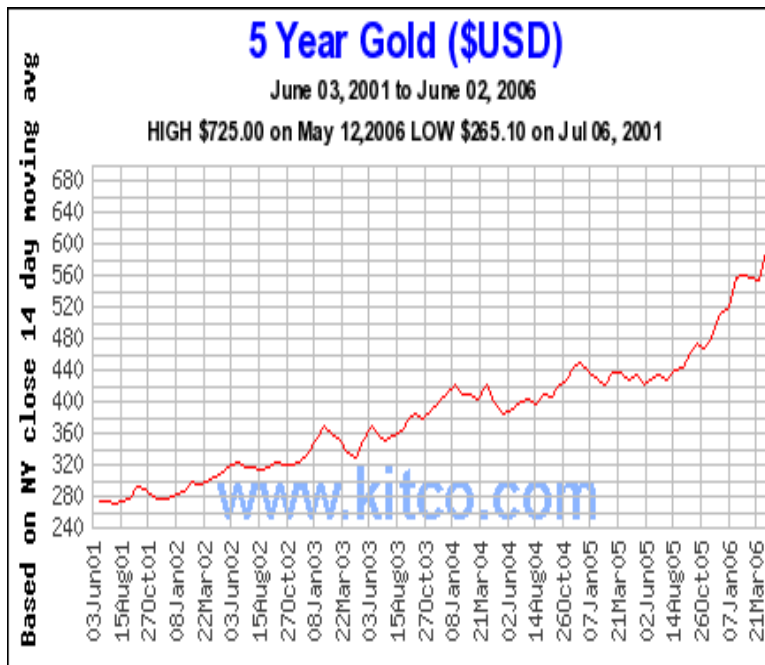
There were several other smaller earthquakes: Stockholm 2, Rome 3.4, Fox Islands (Alaska) 4, Bulgaria 2.3, Santa Rosa (Calif.) 4.4, Morago (Calif.) 3.2, Southern Iran 3.7, Northern Baja (Calif.) 3.9

There are grounds for cautious optimism that we may now be near the end of the search for the ultimate laws of nature.  
- Stephen W. Hawking

## Volcanic activity

- **May 30<sup>th</sup>:** Volcanic activity is happening at Mt. Karthala, 15 kms from Moroni (300 km. of east Africa coast).
- **May 30<sup>th</sup>:** One of the world's most active volcanoes – Mt. Merapi – 10,000 feet high, north of Yogyakarta (Indonesia).
- **May 30<sup>th</sup>:** Mount St. Helens – Vancouver, WA, United States.
- **May 30<sup>th</sup>/29<sup>th</sup>:** Mount Manaro, one of 4 volcanoes currently active in the island nation of Vanuatu, has been showing signs of erupting.
- **May 29<sup>th</sup>:** Bulusan Volcano – Phillipines – emitting ash.
- **May 26<sup>th</sup>:** Underwater volcanoes – Three Quarters of the way from Hawaii to the Phillipines near the Northern Mariana Islands (14 islands in a chain), NE of Guam.
- **May 26<sup>th</sup>:** 5,676ft.volcano – 940 miles SW of Anchorage, in the Aleutian Islands.
- **May 21<sup>st</sup>:** Soufriere volcano in Montserrat – Trinidad.
- **May 19<sup>th</sup>:** Tungurahua's volcano spews – 81 miles south of Quito, Ecuadorians evacuate.

**Regarding the gold market ...**Be aware also that the “market” is more volatile than it has been for quite a while. Some of you may remember my recommendation to stock Gold about a year ago – well, the price has gone up by over \$200 since then. I do expect that by this time next year the price will be well over \$1000 an ounce, perhaps over twice that, unless that is “The Eye of the Storm is delayed further, but I do not think so. Remember I am not a financial advisor. However, if you go for Gold, get Bullion or gold coins. Gold certificates or shares may simply vanish if the infrastructure is sufficiently damaged. Have a look at the chart below:



**Regarding making provision...** Be alert and make provision to stockpile water (most Australians have a rainwater tank) and non-perishable foods at short notice. Do not rush out immediately you may have a year or two before you need to panic! However it could happen swiftly, so remain alert. Remember, fresh vegetables are easily grown in “pots and boxes”, and a few chickens or rabbits in your backyard could make a major difference. At this stage, start looking at your

*Consciousness is the  
basis of all life and the  
field of all possibilities. Its  
nature is to expand and  
unfold its full potential.  
The impulse to evolve is  
thus inherent in the very  
nature of life.  
- Maharishi Mahesh Yogi*

options. There is really no place on earth that is much safer than any other place. However Australia and South Island, New Zealand are as safe as it can get.

**Regarding the state of Aids in Africa...** 'Aids' is somewhat "stabilizing" in Africa. The number of new cases is still the same, but the number of new cases is not increasing as fast as before. Perhaps those "too tough to care", are a dying breed. Or perhaps 'Aids' is its own cure by eliminating those who are the greatest propagators. There are hints however, that 'Aids' is mutating into a strand that will be easily propagated by mosquitoes etc - an interesting prospect!

China and India are now the targets for 'aids'. I would suggest though, that not many would survive long enough to be killed by AIDS. The "culling" will not only be through Earth Change activities, but also weapons gone wrong, and perhaps pandemics as well – all within the coming decade.

### What's new?

- Well Oran has design a new program and he is advertising in this Newsletter. I am most impressed with what he proposes to deliver.
- I am advertising the RRR program (Regeneration Rejuvenation Renewal) that will be offered in Adelaide later this month.
- I am pleased to announce that Ciril has agreed (in principle) to run a Healing Class jointly with me in Canberra ... perhaps next month. Please e-mail me for information. [pdspd@tpg.com.au](mailto:pdspd@tpg.com.au)
- More is happening with **"Why Not"**. Many of you have enquired: "...Ask and You Shall Receive!!!"
- I am planning a world tour that will cover Hong Kong, The USA, Canada and France! I am now looking for as many contacts I can get from various parts of the world. Please give your support if you would like to help, or you have contacts in the various countries I will be visiting.
- Remember that "Life Goes On" – Many of you are recreating this reality or are simply creating a reality you prefer – I see it happening every day. **"Why Not" WILL** happen within two years and there will be a reality that will accommodate those who undertake this unprecedented endeavour.

Until we meet again,

My love to you always,  
Patrick

'There are no extra  
pieces in the universe.  
Everyone is here because  
he or she has a place to  
fill, and every piece must  
fit itself into the big  
jigsaw.'  
Deepak Chopra

## Contact Us

My general aim for the newsletter is that it is eclectic in its style. Everyone's life is interesting in some way and everyone has a voice that needs to be heard. This is an open invitation for you to think and act on what, how and when you may have something to say that you are willing to put forward and perhaps have published in the newsletter. If you are uncertain of how to proceed with written material, guidelines will be made available upon request.

### Regarding advertising in the WDHR newsletter....

For one month only - July 2006 issue - the cost for an advertisement, up to one A4 page, will be \$10 only.

This is an introductory offer.... Deadline for submission 25<sup>th</sup> June.

See full advertisement page 13.

*'be succinct to make the impression you want'*

For enquiries and/or submissions contact The Editor by email or through Skype.

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Correspondence and submissions for articles, reviews, advertising, etc. to Jan Melanie, The Editor, at the following email address:

jan@accessit.net.au

Welcome to my playing field ...

The WDHR Newsletter

I am the Caretaker and as such know this field...

If you would like to play in this field ... through advertising ... you are welcome

There are dimensions and specifications to play this field well.

- **Dimensions:**

Classified ads	AUD 5.00 per ad
Half page ads	AUD 10.00 per ad
Full page ads	AUD 20.00 per ad
- **Specifications:** For classified ads: column width
For half and full page set up 2.54cms top/bottom; 3.17cms left/right
File size within 60KB {word doc}

Other special requirements to keep in mind...

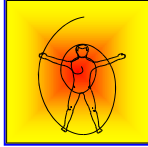
Keep it Simple to
Capture the essence of what you are selling

At any time you can ask the Caretaker for help or advice. SHE may even do it for you for a small fee... [experience in Copywriting, Editorials and Advertisements]

***For next month only (July 2006) you can place a full-page advertisement for the introductory price of just AUD10, and be exposed to an international audience of just under 600.

CONTACT THE CARETAKER THROUGH EMAIL: jan@accessit.net.au
OR, TALK TO HER THROUGH SKYPE: place 'janmelanie' in search.

The Australian School Of Esoteric Studies



Welcomes You to a Unique Journey into Quality of Life
Accompanied by Patrick Desplace

Regeneration - Rejuvenation - Renewal

This program is about **You**. It is about Quality of Life. That we shall quit this plane of existence is a promise that will be kept! However, we can remain **Vital and Active** to the last minute. We can live much longer, be more Active and retain Quality of Life for as long as you live.

Our body and our mind have immense healing abilities that are unleashed by our "Motivation". We do not need to mortify ourselves with harsh diets and strenuous exercise to prevent obesity or rid ourselves of obesity. We do not need chemicals to cleanse our body. We only need an Esoteric understanding of how we relate to The World of Life. We need to tap into this immense ocean of energy (The Chi, Prana, The Life Force etc) in which we move and live and have our being!

The program will cover:

- Breathing technique to **rejuvenate** the Body and re-activate the mind.
- The Lymphatic Breath to cleanse and further energise the body.
- A simple exercise program that you can design for yourself – one that you enjoy.
- Meditation, Visualisation and introspection in order to tap into dormant inner resources and initiate the process of **renewal**.
- Making healthy choices that are easily followed through.
- Accepting and loving yourself.
- The Energising Walk - tapping into extraordinary powers, of **regeneration** – Stepping into the you of your choice...

The program runs over three evenings

Thursday 22nd June 7.00pm to 10.00pm Thursday 29th June 7.00pm to 10.00pm

Thursday 6th July 7.00pm to 10.00pm

Investment \$175 (10% discount if paid a week prior to starting date of course)

To enrol: Call Nina 8336 5853 Or 0419 850 425. Patrick may be contacted 0419 035 324 or 8336 5408 or pdspd@tpg.com.au

Venue: Morialta Recreation Centre, off Morialta Rd. (for directions contact **Nina – phone or e-mail ndspd@tpg.com.au**)



There is No Such thing as a Dragon

Applied Imagination Training

There is a boundary to men's passions & actions when they act from feelings;
but **none** when they live from the imagination.

Edmund Burk

There are powers so great within you that are free from the confines of the mind. Creative forces so potent that can break any belief that comes in its way. These forces reside in the unstoppable world of the imagination.

There are no rules of architecture for a castle in the clouds.

Gilbert K. Chesterton

Einstein, Thomas Edison and Walt Disney lived in the imagination. Imagination fuels our desire and passion for life, for growth and for More. It inspires, conspires and offers energy to realize our dreams. It transforms any task, undertaking and idea into a platter of possibilities. It is our divine spark in action. Indeed, it is one of the most powerful tools for creating and realizing our highest aspirations for ourselves and our world. All we have to do to tap into this unlimited power is this: **Get Out of the Way.**

This course in Esoteric Training will focus on allowing the Magic in our lives to flow. It will also look at what it is that holds us back from our own power, our innate miraculous nature and our Unique Magic.

The course will offer techniques that will allow you to tap into your true co-creative nature. It will also offer you the opportunity to go beyond techniques and into the power of **Simplicity.**

Why Not dream a new reality? Dream a different dream of YOUR choosing and bring it into the realm of the possible. You are more powerful and magical than you think...When we surrender our guilt and our need to control, when we no longer operate solely from the head and move into the heart, creating a world of magic is inevitable.

Do not try and bend the spoon. That's impossible. Instead, only try to realize the truth. There is no spoon. Then you'll see that it is not the spoon that bends, it is only yourself.

Excerpt from "The Matrix"

Who should attend?

If a part of you senses there is more to life than the hum-drum of the ordinary yet are ready or willing to unleash **colour, inspiration and imagination** into your life. If you want to develop your ability to create magical and unbound futures for yourself and your world. And most importantly, if you desire to attend, then welcome aboard.

The adventure starts Wed 21st of June in JHB South Africa. If you have any questions about **dragons and the like**, would like to receive the **full brochure** or would like some info about the **Imagineer** behind the course, **email:** dragon@hostitafrika.com or **phone:** +2782 5555992. Please note that **Oran & Karen** will be running **Imagineering 202** in the course of July. More details to follow in the coming weeks...

About the Facilitator / Imagineer:

Oran was born in Israel and started his metaphysical journey early in his life. He studied numerous paths to the spirit such as Hermetics; He has worked with the Rosicrucian Order and the Toltec path. Oran uses his metaphysical knowledge in his work with the United Nations and within the corporate world. He is one of the founders of The World Spirit Council. He is a singer and a songwriter and has one album to his name. He has studied 9 years with the World Development of Human Resources and holds a Bachelors of Metaphysics from the Australian Institute of Metaphysics.

