

Volume Two: Issue Fourteen

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A recent query to an Astrologer...
 "How do you trust life when it deals some horrible blows? What if your son goes to a war zone, or a child goes missing, or people get sick?"

And the response offered....
 "I don't think any of us really know how to trust... we just have to try - and when our circumstances get scary, we have to try even harder. When we lose trust, we lose everything. Once we find it again, it's amazing what then finds its way to us."

From the Editor

The caption is a reminder of one of the limitations we deal with in this human experience, or is it? A female voiced the query. Worry about others is a condition of a consensus reality. It seems to limit possibilities by having one's energy tied up with situations we have no power over. A metaphysician usually knows this. So how do we deal with this human condition?

We know that trust has to do with self and that caring matters, particularly now with solidarity and appreciation being predominant energies to connect with. To ask self, "how can I be a better friend, mother, father, lover, boss, worker, etc." offers a clue when it comes to caring, as does the willingness to have humility and be vulnerable. Sometimes worry and concern does arise. It would seem rather foolish to not acknowledge if and when it does. Perhaps this is where the difference lies for a metaphysician – the ability to recognise and consciously choose how to respond. Perhaps then it is not so much a matter of limitation as it is having a human experience conscious of knowing one is a spiritual being.

This month's issue has an article written by Patricia Tellier. In it she unravels the mystery of the Philosopher's Stone. We also have another poem by Michael Corcoran, who tells me it is his intention to publish a book of poetry in the near future.

And finally, we have Patrick's commentary. Enjoy!

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The Philosopher's Stone

by Patricia Tellier

Latin

Ecce quan bonum et quan jocundum habitare fratres in unum! Sicut inguentum in capite, quod descendit in barbem, barbem Aaron and quod descendit in orum vestimente ejus. Sicut Ros Herman quod descendit in Montem Zion, quonum iliac mandavit dominus benedictionium et vitae usque in saeculum.

English translation

O! How wonderful! How sweet it is for brothers to live as one! It is like perfumed oil which is poured over the head and which reaches the beard, the beard of Aaron and then flows to the mouth of this garment. It is like the dew of Herman, which descends upon the hill of Zion, for it is here that the Lord offers his benediction and Life Eternal.

Thus speaks the language of Alchemy, with veiled references and hidden symbolism and strange terms that seem to make no sense until you search out the hidden meanings and try to penetrate the mystery – the mystery which is closely guarded by those who hold the keys to the secrets. Yet, having said that, it is not impossible to understand the coded language that they used in their guide to the quest for the Philosopher's Stone. The alchemists of medieval times, and in the times after the Middle Ages sought to find and create the so-called Philosopher's Stone.

The alchemists of the Middle Ages were the precursors of modern chemistry and physics as they set up laboratories to examine the qualities of natural substances. They were attempting to transform the physical properties of one substance into another more highly evolved or refined substance. So they searched for the method whereby they could transform "lead" into "gold". We know that the atomic structure of lead is very similar to gold – it differs in only one way. So they tried to perform the experiments to change the element by applying heat. They laboured at their furnaces. These experiments quickened their interest because although they may have failed in their original intent, they became curious and interested in the qualities of natural elements and how they could combine elements and have different chemical reactions. So modern chemistry was begun.

However, the alchemical treatises were not necessarily referring to the transformation of physical lead into physical gold. The references apply to many different levels of interpretation. Thus, on a more elevated level, the process refers to the transformation of man, from a more animal-like, physical being to a more refined human being, or the transformation of the physical mortal being into a godlike, immortal being. The process refers to the refinement of the heavy, coarser emotions into the higher finer emotions. It refers to the transformation of consciousness from a more mundane level to that of superconsciousness.

We shall not cease from
exploration. And the end
of all our exploring will be
to arrive where we started
and know the place for the
first time.
- T. S. Eliot

What is implied, however, is that this process is possible to achieve in a single lifetime, by following the specific steps laid out by the alchemical process. The difficulty lies in the fact that the process is not set out in a step-by-step clear, succinctly phrased way. There are many difficulties because oftentimes those who had penetrated the secrets would include one or two incorrect statements to confuse or divert and distract the undiscerning student. They often muddle the steps or reverse the sequence of ordering the process. So if the student has failed to grasp the overall procedure, he/she will not be able to perform the experiment successfully.

Often Alchemists use different terms, but are referring to the same processes. They may refer to “the co-joining of Venus and Saturn”, or to “the merging of the Lunar and the Solar”, or to “the mixing of the Salts of Our Sulphur and Our Mercury.” On the other hand, they may use the same terms, but are referring to different processes.

Another name for Alchemy is the Great Work. The Great Work has different processes – the Red Work, the Black Work and the White Work. Alchemy works with Laws of Correspondence – As above, so below; chakras; elements; planets.

Alchemy, the name, can be a derivation originating from Egypt Al-Khem meaning Black Earth. Here it is possible to gain insights into the Great Work by examining the myth of Osiris, Seth, Isis and Horus, especially the section that refers to the dismemberment of Osiris and the scattering of his parts all over the world, and Isis’ quest to retrieve the lost parts. In the myth she found all the body parts, except for his phallus, however with the assistance of Thoth she was able to engineer the child, Horus. There are many levels of interpretation to this myth from the symbolic to the physical, especially if we take into account what we know today about genetic engineering. The myth of the resurrection of Osiris is reflected in the mythical Phoenix Bird and the Christian belief in Resurrection of the Christ.

Alchemy can also be traced back in its meaning by being aware that it can be pronounced Al-Chyme. Chyme is a milky white substance produced in the gut and has connections to the functioning of the spleen. The spleen has an important connection to its etheric counterpart – it is an important chakra centre which relates to our ability to synthesize prana/life force/chi. The energy is transported by the blood to the various centres, but remember that universal vibratory rates of prana differ and the higher rates of vibration can activate dormant sites on the DNA molecule, thus awakening potential to arouse greater consciousness.

One of the interpretations or applications of the Great Work is to be discovered by looking at Chinese Alchemy – particularly the Chinese Alchemical tract referred to as “The Secret of the Golden Flower”. In all alchemical processes the importance of the concept of circulation is emphasized, and it is important to be aware of number here. The Alchemy of the Golden Flower describes the Circulation of the Breath through the various energy centres.

To know that we know
what we know, and to
know that we do not know
what we do not know, that
is true knowledge.
- Copernicus

By using the focus of awareness and a breathing technique, the energy is brought up from the base chakra to the crown chakra. A microcosmic orbit is established through a rhythm of Inhalation, Holding the Breath and Exhalation. The position of the tongue and the closing of the muscles near the anus/perineum during the holding of the breath are important.

The Kundalini energy is visualized as a coiled serpent residing at the base of the spine. The objective is to raise the energy through the vibratory frequencies of the seven chakras, transforming this potential energy into an active force, which awakens the energetic centres to respond to ever-higher energies. Prana vibrates at different frequencies and we absorb those frequencies that resonate with our overall frequency. For example, the base chakra represents survival, the desire to kill, anger, etc. at a lower vibratory frequency, whilst at a higher vibratory frequency it represents our authority, our passion for life and living and our trust in the Universal Life Force. Thus we would be transforming our overall vibratory frequency if we were able to overcome our limitations at the root chakra level and use those energies in a more positive way.

Breathing in the prana in a conscious and directed way would enable us to have an awareness of where we are holding ourselves back because we are operating at the lower end of the spectrum in this area of our energetic system. It is possible to become aware of these different frequencies in each chakra. For example, releasing past hurts and resentments would allow us to operate from the heart chakra at a more refined level.

The glands of the endocrine system correlate with the chakra centres. The glands in the head are the pituitary and the pineal. The pineal gland looks like a pine cone: 'pin' in French. The cement filials, shaped like pine cones which adorn the columns and pillars and buildings we see in architecture, are an important esoteric symbol. The other gland, the pituitary gland has two halves - anterior and posterior. It is part of the alchemical process to build a bridge between these two glands. That is to create or form a connecting fibre that links the two aspects of consciousness that function from these centres.

The pineal gland has a granular structure, often referred to as "grains of sand". When these grains of sand are transformed, through vibratory stimulation (or other means like prana, blood content, heat, chanting) into a crystalline structure, the so-called "white stone" in the forehead is formed. The pineal gland transforms into a crystal referred to as the "diamond of the soul". This is one form of the Philosopher's Stone.

To enable this transmutation to occur one needs to practice the art of alchemy*. As the pineal is stimulated, new insights are generated and the pineal body is able to transmit ever-higher frequencies of a more spiritual nature to the indwelling consciousness. The pineal secretes what the Alchemists term the "philosopher's dew". This secretion is an elixir, a regenerating fluid, which engenders a sense of ecstatic union with the Divine Consciousness.

Few people are capable
of expressing with
equanimity opinions that
differ from the prejudices
of their social
environment. Most people
are even incapable of
forming such opinions.
- Albert Einstein

So in alchemical terms, we have the Celebration of a Wedding – an Alchemical Marriage or Union. What happens is that when sufficient of the pyramidal cells in the brain are fired, a chain reaction occurs and we have a simultaneous explosion of consciousness. This results in an Epiphany or an experience of Cosmic Consciousness.

This explanation enables us to understand the quotation I started out with. The pituitary gland is the master gland and oversees secretions of other glands in the body; for example, fear stimulates the adrenals, which produce adrenalin, which is secreted from the kidneys. It is interesting to note the reference to Aaron (the priestly line in Judaism originates from Aaron) is a reference to a special ability to be attuned to divine consciousness, which is transmitted genetically through the bloodline.

The search for the Philosopher's Stone and the Holy Grail became a search for the same thing: the realization, in this physical body, of Divine consciousness and ecstatic union of our separated parts in this illusion, so that we have coherence and integration, or re-integration. So we have the process of the 'regeneration of man' as opposed to the 'fall of man'. The Holy Grail in French is translated as San Grael, but another reading of the term is Sang Real, which means Royal/Holy blood. So the purification of the blood and the bloodline becomes an important aspect of Alchemy.

In order to speed up the elevation of consciousness in mankind, a more refined genetic code needed to be implanted. Initially, it was important to ensure that this bloodline survived uncontaminated, but eventually this seeding needed to be extended into the human community. So when Christ refers to partaking of His flesh and His blood during the Last Supper, and to His being "the Way", it can be interpreted as our participation in the establishment of a physical vehicle/body, which is capable of more, because of a transmutation, which has been generated in the human body through genetics. (note Leonardo's Last Supper – no cup no bread.)

Every cell in our bodies has a consciousness of its own. This consciousness is the consciousness of the Elemental that has agreed to participate in our incarnation here by providing the physical vehicle. The Elementals of the body however, are on an involutory path, which needs to be quickened to accelerate their evolution, through our direction, our thinking, the quality of our emotions, by what we eat and imbibe, etc. If we do not become one with the Master within us or if we do not access that Inner Power, in our development as soul personalities, then the Body Elemental becomes the "driver of the bus". Then we become slaves to the desires and addictions of the body.

We have veils that separate the different planes of existence, so a veil exists between the Astral and the Physical planes. The Philosopher's Stone rends the veil between these planes and gives us greater clarity and insight.

*"Don't ask yourself what
the world needs; ask
yourself what makes you
come alive. And then go
and do that. Because
what the world needs are
people who have come
alive."*

Harold Whitman

One of the important aspects in Alchemy, in order to achieve the goal, is to balance the polarities within us, particularly the masculine and feminine energies. So in the alchemical process there is a blending/fusion/union of the Masculine and Feminine energies and their secretions. Another path is through using the secrets of tantra and this other involves working with a partner to achieve the accomplishment of the Great Work, or the Alchemical Marriage.

**Editor's Note: Patricia presented this talk during The Journey. When discussing the pineal gland and its ability to transform into a crystal state through stimulation, she referred to the work we had done the previous day. Discussion had been around regeneration, rejuvenation and renewal – three very different concepts. Around this time also Patrick had taken us through a meditation involving breath, focus of attention on areas of the body relating to the four elements with particular intentional focus when in the fourth area, then breath and focus on each chakra centre. I believe this is the work she was referring to here.*

"This is my simple religion. There is no need for temples; no need for complicated philosophy. Our own brain, our own heart is our temple; the philosophy is kindness."
The Dalai Lama

Poet's Corner ...

Autumn Song

by Michael Corcoran

In this time
When summer folds in
To diamond bright nights
The resting time before the
Winter of fiery flight
And the ball of destruction
Before the earth
Takes back her sons and daughters
And heals the festering places
Before the two brothers
In hatred
Reach out to grasp
Each other's throats
And fall in a titanic
Struggle
Of implacable hate
Bringing with them the
Whole family of mankind.

Let us rest now
Till it is time
Bask in the weakening sunshine
Rest peacefully in our beds
For pretending nothing is changed
Will do no good
For change is rushing
Headlong at us
With fire filled nostrils
And sabre claws.

"If you are distressed by anything external, the pain is not due to the thing itself, but to your estimate of it. This you have the power to revoke."
Marcus Aurelius

Let us sleep
And fill our
Knapsacks with
The quiet voice of peace.

Let us rest
And fill our hearts
With the love
That mother earth
Will give to those
Who wish to live.

Let us turn the stream
Of destruction aside
From our lives
So the mapmakers
May fashion a future
Where joy and laughter
Make our lives.

"Be your name Buxbaum
or Bixby or Bray or
Mordecai Ali Van Allen
O'Shea,
you're off to great places!
Today is your day!
Your mountain is waiting -
So...get on your way!"
Dr. Seuss

Current Events

by Patrick Desplace

Hello,

The "Uprising" of the minions of Mohammed the Prophet fascinates me. I have not seen the offending cartoon and could not be bothered to go on a search. The world of Islam is rather volatile - more so in the now time than ever before. Are you aware that "The Prophet" was bestowed upon a 12 years old bride when he was 72 and claimed it was the will of Allah! I do wonder if Islamic cultures have any law regarding paedophiles?! Why should they? After all were not women (of any age) destined for the whims and pleasures of men? Ask Allah in your next meditation. (For any further information on this topic contact Patrick at: pni@mweb.co.za)

I am in Canberra at the moment and have spent a few hours with my "Old Teacher" the Tibetan Lama from the Mystery School. Once a master, always a master! I have been most impressed with the insights he has about the times ahead - perhaps because we are in agreement (except as to the point in time of the end of time) and for once he approves of some of the things I am setting in motion.

When I visited him, I informed him that I had given up smoking. He laughed and informed me he also had - he was a chain smoker and I never suspected he would ever give up. More interesting is that I decided to give up only a few weeks after him! My greatest challenge was that I had no reason to give up! I am healthy, enjoyed smoking and know I will not die of a cancer (although my cancerous demise was announced worldwide not long ago!) and am not afraid of dying anyway! So why give up? The only reason I could conjure is that I gave up because I wanted to!!! I can, so why not?

I told my teacher about a pattern I set in motion a while ago: any one who has worked with me or with the teachers using the material I initiated may be affected by any Pandemic but will not die!!! He laughed and asked, "is this a blessing or a curse?" I laughed too as I know that the challenges will make many wish they had died!

We discussed The Eye of the Storm at length. My conclusion is that the MAYA (consensus reality) wants to be as effective as feasible in the "Trimming", "Culling" and "Pruning" of Humanity. The illusion of abundance, prosperity and pseudos – harmony is "lulling" most Westerners into complacency.

Two things are infinite:
the universe and human
stupidity...and I'm not
sure about the universe.

- Albert Einstein

The western world has gone soft and will "cave in" when the challenges start. How soft can we get? About a month ago I was helping Nina (my gorgeous, voluptuous wifey) with her food business at the "Down Under Festival". The temperature had risen to 42 deg. C! Although after having lived well over six decades, I was doing rather well at the B.B.Q., we had very few customers. It was too hot for the South Australians! What was even more enlightening was the Army in the Adelaide Hills had an exercise planned for that rather warm weekend and it was called off because it was too hot for our soldiers!!!!

Please, if you have contacts with AlKeida, advise them that under no circumstances are they to cause mischief in the glorious land of OZ when the temperature is above 36 ... or let us make it 32!!!

Many decades ago I designed a program called "Esoteric Training". I encouraged my students to run this program. It offered Knowledge and Wisdom that belonged to the future of then and the Awakening of the Observer was the pivot of this program. I believe that the concepts of this program, three decades later are still valid. However, I would not call this course "esoteric" any more, it is now "exoteric" as the concept of the observer is widely used: *What the Bleep...*, *The Power of Now*, etc.

I have now designed a new program: *Simply Magic*. In this program I make use of Knowledge and Wisdom that will be commonly used on the other side of time (after 2011). Those taking part in this program will be what Lazaris calls: "The Map Makers", preparing maps for Humanity. I will train existing Esoteric Teachers to run this course later this year. In the meantime, any course using this name is NOT *Simply Magic* as designed by me. I coined the name!

Some of you reading this Newsletter have enrolled in *Tomorrow is Up to You* (TIUTY), and are on the way to connect with The Force! Enrolments will close very soon. I am contemplating offering *Simply Magic* (a slightly shorter version), prior to TIUTY. I will extend serious discounts to those doing both programs.

Please read the mundane version of the *Simply Magic* brochure below.

I That Am, Claiming That What I Am, state:

I Love You All and welcome you to this Amazing time at the End of Time!

The dissenter is every
human being at those
moments of his life when
he resigns momentarily
from the herd and thinks
for himself.

- Archibald MacLeish

SIMPLY MAGICK

- A Treasure Chest of Magic & Miracles!

YOU ARE A SPIRITUAL BEING ON A JOURNEY THROUGH THE MYSTERIOUS AND MAGICAL WORLD OF LIFE... Are You conscious of this?

Your soul requires you make it a glorious journey and is urging you to go beyond internal conflict and limiting belief systems and to listen to your heart!

Patrick Desplace offers this unique program over six evenings and two full Saturdays.

Topics within this program include:

- Realizing your own destiny and taking the fun steps to mastering it!
- Understanding and balancing the Male and Female aspects within you...
- Releasing the child within – falling in love with the curiosity, the inner joy, laughter, spontaneity and passion of simply being alive...
- Welcoming miracles as a 'natural' part of living...
- Daring to be who we ARE outside of what people think we should be...
- Unlocking the magical key to spiritual simplicity...
- Recognising the extraordinary gifts the imagination can unleash - opening the treasure chest...

This INVITATION comes to you by Divine Appointment.
Dare you answer The Call?

The warrior steps forth
to accept the unknown
and challenge disbelief,
for if it lies in mind it Is,
by God!
- Ramtha

Contact Us

My general aim for the newsletter is that it is eclectic in its style. It appears that this is gradually unfolding. Hope it keeps you all interested.

Next month's issue will have an article on being a map maker. At first when we hear those words it sounds quite glorious and even a bit special, or at least that is the ego's response!

We'll take a journey into this space and see what we can make of this courageous and yet unavoidable choice to inadvertently create maps by negotiating uncharted territory.

Of course your input is invaluable - articles, jokes, poems, quotes and small pictures/photos - all is appreciated and helps to keep the newsletter alive.

So.....

Please send correspondence and submissions to me, Jan Melanie, at the following email address: jan@accessit.net.au

Obituary Notice

Patricia West from Port Elisabeth in South Africa died on the 8th Feb. She was an amazing Lady and will be missed by all Esotericists and others who have known her.

We both miss her terribly.

Patrick & Nina Desplace