



**Volume Two: Issue Thirteen**

**January, 2006**



"When I was young, I believed that life might unfold in an orderly way, according to my hopes and expectations. But now I understand that the way winds like a river, always changing, ever onward, following God's gravity toward the Great Sea of Being.

My journeys revealed that the way itself creates the warrior; that every path leads to peace, every choice to wisdom. And that life has always been, and will always be, arising in mystery."

Extract Socrates' Journal in *The Journey of Socrates* by Dan Millman

**From the Editor**

Welcome to the first edition of the WDHR Newsletter for 2006!

Thanks to all the contributors ... Sherrie, Michael and Patrick. Please keep them coming in!

It is a jammed pack edition. The first contribution offers a sense of the impact of the course content on The Journey. If we were to ask each and every one who attended what the impact was for them we would probably have 19 different varied and interesting points of view. We could probably write a book! Now that sounds like a good idea!

The second contribution, written by Sherrie Simms-Farmer, looks at creating our reality with resonance. Within it she explores what resonance is and how it works.

Once again, we have an insightful poem written by Michael Corcoran. Michael eloquently contextualises what is important to remember ... that although we are all on a quest together, our paths are uniquely our own.

Finally, Patrick Desplace gives insight into the impact of the New Order of Freedom on the New World Order.

Enjoy the read!

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## Part 2 of The Journey ...

### working on ourselves to change our world.

by Jan Melanie

"I do count. I do matter." I heard this voice clearly overriding the bottom line that interfered in my life so many times. What has this to do with the course on The Journey? Well, rather than write in editorial fashion a synopsis of the course, I thought I would focus in on its impact on me and briefly outline the environment in which it was all made possible. And so I will begin at the end!

What I have come away with is a renewed ability to work at releasing my 'baggage'. After all, the battle for a metaphysician is the battle within. I had come a long way but I still had seemingly immovable 'baggage' limiting my expression and joy. I needed new energy, new insights, and new awareness's, to dislodge the 'stuckness' and take me even further than I could imagine. The Journey offered this to me.

Patrick had ingeniously set up some support. We were accompanied throughout the course by three Beings who named themselves – Oracle, Zen and Pandora. These Beings had agreed to assist us through their own unique qualities. I will be referring more to the latter although together they formed a whole new opportunity for us to live more of the life we aspire to – with responsibility and accountability.

Pandora first gave us insights into our 'baggage' along the way. She was the guardian of our deepest fears, shames and guilt's, and one in whom we could consult with and be supported by if willing, from time to time. One particular event popped up for me on one long leg of the aeroplane journey to Paris. I briefly talked with Patrick about this at the airport and he asked me if I had consulted Pandora at the time. I hadn't, but now I understood better my own involvement in making the changes in my life as opportunities presented, particularly in this environment of a major course.

Incidentally, I now note with interest the synchronicity of discovering at this point in the journey that my brand new luggage had split open at the seams near the handle. It was to be taped at each check-in counter thereon in as my efforts in Paris to have it mended failed. It is also interesting to reflectively note how easy it was to exchange the damaged goods upon my return. I was offered and accepted an updated and more elegant version from the point of sale.

During the course, Pandora held our 'baggage' in abeyance. She would return it to us at the end simply because our growth depends upon our own journey through life – we came here to learn and grow beyond our perceived limitations. Pandora would not deny us the opportunity our 'baggage' held for us individually. On the final flight into Adelaide, I could feel its return.

"Now is a rushing river.

There are those who  
would hug the shore, but  
there is no shore. Push off  
into the stream. Hold  
your head above the fray.

See who else is in the  
midst of things, and  
celebrate."

Native American saying

Home, as I knew it, felt different, or was I? What was to follow I can only describe as uncomfortable and confronting, yet once felt bits and pieces of unresolved puzzle pieces fitted into place and I was more able to understand how I had been creating my reality. Perhaps this was made more elegant because I do have desires, passions and preferences unfulfilled. It seems with my renewed focus, there is now more room for them to grow.

So what happened on the actual Journey? For one thing we experienced living without our 'baggage' for long enough to notice the difference. But there was much, much more. This vehicle, the body, was awash with new energy. Meditations in this regard were potent, powerful and the impact was immediate. Energies were also replenished in other ways. For example, the energy of companionship we were informed is the next step of love. Therefore, if we decided to be an ideal companion to everyone on The Journey, and carried it through, the one who would benefit in the end would be the one who became the ideal companion. Like negotiating the packing of our suitcases at the end of our journey, it was going to be difficult for the old 'baggage' to fit back in!

The Goddess who also had a name and in whom Patrick had communicated previously, spent precious time with each and every one of us. In the resort that had lost many beautiful palm trees and whose hibiscus shrubs and creepers had lost much life force, this Goddess Being helped us to see the process of renewal of nature through the eyes of the feminine. Life has a way of renewing. This parallel with human life, of being battered yet able to renew, was quite significant for many if not all of us. It is possible to grow into an abundant, magnificent tree, in our own unique earthly depth.

We also had the privilege of walking and communicating with the Prince of Darkness. It resides within each of us. Perhaps to know is to die and perhaps to die is to live. When terrified of dying, we were told we expose ourselves to an incredible disrespect for life. How can we transcend our fears? It seems that ownership might be a good place to start. What have been the quality moments in our life? Identifying amazing moments, modifying unpleasant moments and from time to time downloading experiences to our maker, allows us to empty our cup and live. The concept is similar to what we were witnessing in the plant life surrounding us and also noticing in the renewed enthusiasm the staff had in serving us. Mirrors were everywhere!



"What day is it? - 'It's today' - squeaked Piglet.  
'My favourite day' - said Pooh."  
A.A. Milne

< sunset at Isla Mujeres from the beach of Hotel Crystalmar. For more information on this resort visit [www.crystalmarhotel.com](http://www.crystalmarhotel.com)

There was much, much more this course had to offer participants, and each participant would have experienced it according to their own unique needs and wants. The question I repeatedly asked myself whilst going through the process of preparation what "What do I want to get out of this?" Life itself is a journey. Yet to take time out of one's lone journey and engage with other conscious journeymen and women does indeed offer the opportunity to be impacted upon and to impact upon others in ways previously unimaginable. We gave permission and now we are even more responsible for our world. This now no longer feels like a burden.

Finally, it became evident to me that what attracted me to the Journey in the first place was, is, always has been and will continue to be an incredible passion and desire to invest in the greatest cause – my evolutionary growth. It also became more evident to me that I have written my own script thus far. Knowing this then, is it then possible to change the impact of what was unconsciously written by rewriting it consciously? Yes of course, and what then? It was made very clear on The Journey that it is all within and that it is up to us to do what we want with what we have been exposed to.

Ultimately though The Journey could be summed up as a course wherein we intensely worked on ourselves to change our world. There is no going back - our journey has just begun.

What we are looking for is  
what is looking.  
- St. Francis of Assisi

## Resonant Causation

by Sherrie Simms-Farmer

*"What is resonance? To put it quite directly it is the source of all creation within your Universe, within your dimensional world of space-time, within your illusion vast and mighty albeit."* - **Lazaris**

In the conscious creation of our reality there are a number of different conveyor belts that can bring reality into form. One that we all know is the old paradigm of 'cause and effect' or 'upward causation' (as below so above). However since the vortex of Sirius opened on April 23 1994, everything is different and a new paradigm has been made available to us, a 'downward causation' referred to as 'Resonant Causation'. Whilst the old paradigm of cause and effect will still work the new paradigm of resonance is much more elegant.

The following is something of an explanation and description of how we create our reality giving intellectual insight into the 'space between' so often referred to by Patrick, and what might be going on there.

"This world is but a  
canvas to our  
imagination."  
Henry David Thoreau

## The Law of Resonance

Before we begin, a definition of the Law of Resonance will be helpful. Science tells us that like water energy seeks to find balance. Everything in our illusion emits a frequency of vibration. When two or more frequencies come together the different energies will attempt to find balance. The lower frequency rising to the higher, or the higher dropping to the lower, or coming together somewhere in between the higher and the lower frequencies acquires this balance. Please don't make the mistake of assuming that the lower frequency is less than that of a higher frequency. They are both simply expressions of different frequencies of vibration.

Before form becomes form in our reality it emits several frequencies of vibration. As these frequencies of vibration overlap, they **amplify**, they **cancel**, they **potentise** and they **neutralize** each other until the various frequencies become one frequency. This jostle for positioning is referred to as an interference pattern and will occur until the several frequencies become one frequency or resonance and a standing wave is formed. Once resonance is established energy collapses into form. It becomes form, recognized or not, realized or not, it becomes form and it becomes created. Out of the balance and jostle of frequencies a resonance is established and a standing wave stands. At this time energy collapses, condenses or precipitates into form.

This is the law of resonance. However, resonance is the standing wave that emerges out of the interference. The problem that exists for us is that we don't manifest all that we create. Once in form it is yet to be made manifest by our raw materials and the tools of reality creation. More about the raw materials and tools later.

## Resonance Magic

Lazaris reminds us that there are seven types of magic's. All of these can take us to the doorway or gateway of a new reality but only resonance magic can take us through the gate. Briefly ... (for a further explanation of the seven magic's please refer to Lazaris tapes 'Co-creating with the Archetypes' and 'Resonance Magic: The Remarkable Power of Unconscious Presence')

### 1. Spirit Magic

Spirit magic is the magic of beseeching or begging in the form of prayer. Where you ask for what you desire.

### 2. Sympathetic Magic

This is the magic of 'like attracts like' and 'opposites attract'. The magic of technique for example when I light a candle I am simulating or acting 'as if', not just pretending, but also really believing that I will create.

### 3. Conscious creation Magic

Lazaris and others are bringing this magic to us. It's about knowing that we create our reality and doing it elegantly.

"Often people attempt to live their lives backwards; they try to have more things, or more money in order to do more of what they want, so they will be happier. The way it actually works is the reverse. You must first be who you really are, then do what you need to do, in order to have what you want."

Margaret Young

#### **4. Resonance Magic**

Working with the standing wave. To extract from the standing wave certain energies over which we have dominion and authority, to withdraw these energies and to allow the standing wave to again become an interference pattern. Then to infuse it with different energy and create a new and different standing wave and thereby create a different reality of illusion.

#### **5. Co-creation Magic**

Working together with the archetypes and God/Goddess/All that is. Jointly sharing not necessarily equally sharing but jointly sharing and creating our reality together.

#### **6. Other Magic**

This is the magic out of Sirius and Lemuria from the imaginal realm, the magic of our spiritual heritage.

#### **7. Confluence Magic**

Flowing or running together into one. The forming of partnerships with the Fairy Realm, the Archetypes, the Tarot and the Elements and Elementals. Working together forming a confluence to make magic together.

To clarify, resonance magic is being aware of the energies that we contribute to a certain experience. Those energies that we have dominion over and which we are contributing to the standing wave. To then withdraw the energy that we don't want to contribute, at which time the standing wave returns to the interference pattern once again. We can now consciously choose which energy we want to contribute and plug that into the mix, the interference patterns. A new resonance is established and a new standing wave stands. It has been described as and aura within an aura that collapses condenses or precipitates into form and this time a new form that is different to the one before in a linear sense.

So we have learned that form does not produce resonance but that resonance is the environment in which form is created, and that resonance is not creation but the environment in which form is created.

When I asked my silent companions *"How can I change the reality I create?"* their response was, *"It has no reality! It does not exist! If you can accept that concept then surely there is nothing to be changed"*. The 'change' in the reality of illusion created by us occurs pre-form in the energy before it becomes form. Somewhere in the mix of energies to which we are all contributing, in this 'sea of non-locality' and the ether of 'all that is possible' is the environment where the standing wave of resonance is established.

*"The only evil is that  
which lurks within our own  
hearts. This is where all of  
our battles should be  
fought."  
Mahatma Gandhi*

## How it works

When two or more people come together each one emitting their own frequency of vibration at some point where the frequencies meet an interference pattern occurs. It is in this interference pattern, in the space between, as energy jostles about searching for balance that the standing wave stands. When balance is established a standing wave emerges and energy collapses into form. It is created in the 'space between' where the different energies mix together. This space between has also been described as the 'body between us'. In his book *Conversations with God*, Neale Walsch writes,

*It is just that – a body of energy to which both are connected, which both are feeding the continuing energies which flow to it, and which is sending energies back to its two 'sponsors' along the thread, or cord, or pipeline that always exists within the Matrix. (Indeed the 'pipeline' is the Matrix.)*

As the energies from each person mix in the Matrix seeking balance, a resonance is eventually established and the standing wave emerges out of the interference. Again the problem is that we don't manifest all that we create. Once in form it is yet to be made manifest.

In order to manifest the now created form, Lazaris refers us to the **tools, raw materials, generating and sustaining energies** of reality creation. It is up to us as individuals to use these tools and raw materials to manifest that which we create.

The raw materials referred to are that of our **beliefs and attitudes, thoughts and feelings, choices and decisions**. The tools are our **imagination, desire and expectation** with our **attention, intention, action and image** used to create the form. The generating energies that drive the tools are those of **trust, gratitude, value and happiness**. The greatest is trust, which generates the other three. Finally, the sustaining energies are those of **ownership, discipline, intimacy and love**. Love being the greatest of all.

All of these 'things' modulate the energy we draw from beyond the physical. The form we create is filtered through our beliefs and attitudes. If it is given our attention and focus and the form is made manifest and becomes experience in our reality of illusion.

Out of that sea of non-locality using our imagination, desire, expectation, attention, intention, action and image, we draw or pull reality into illusion. Yet to be actualized we craft our reality into the illusion by finally sifting the experience through our tools of reality creation, those being the "beliefs and attitudes, thoughts and feelings, choices and decisions".

Enjoy it and have fun.

"The greatest causation  
is resonance and the  
greatest resonance is  
Love."  
Lazaris

Poet's Corner ...

SUNSHINE IS A SMILE

*by Michael Corcoran*

I do not go alone in quest  
Of the wisdom of my soul  
And yet the path I choose to use  
Is one I walk alone.

It branches many times a mile  
And many paths are good  
But I must choose which path is mine  
The one that takes me home.

For home is where I'm questing to  
The place that I know the best  
The place that is my consciousness  
Of what it is I am.

And on this path I'm given gifts  
And many gifts I'll use  
But some are gifts I cannot take  
On the path that I will choose.

And so I place the gifts beside  
A fork on this branching path  
So that others on a different route  
Can take them where they go.

May you my friends who give the gifts  
Take my love and know  
The gifts you give are given on  
To lead us where we go.

Softness triumphs over  
hardness, gentleness over  
strength,  
The flexible is superior  
over the immovable,  
This is the principle of  
controlling things  
By going along with them,  
Of mastery through  
adaptation.  
Lao-Tzu

## Current Events

*by Patrick Desplace*

Well, 2006 is already a Promising year. Enjoy, we should get a short break from the earth and its occupants. At least on the surface!

The New Order of Freedom in the world - a rather elusive solidarity that works in a subtle manner, is now impacting more significantly on the "Earth" and the "World". The subtle work done by the Metaphysicians, Esotericists etc. is now making itself felt.

We are having an "Insurgency" that the New World Order does not know how to deal with and cannot deal with. As Above So Below. As the insurgency in Iraq continues to WIN, despite what George (Wanker) Bush would like the world to believe, the US of A has lost the Middle East war and does not know how to initiate a dignified withdrawal. In the same way, the subtle insurgency of The New Order of Freedom is winning, as its numerous "Cells" impinge on the New World Order.

The US and Australia need "conscription" urgently. So, something drastic needs to be initiated. In Australia and the US, the required standard of fitness and education has been lowered in order to recruit soldiers and policemen. The west has gone soft!

Personally I would like some sort of Military Service for the following reasons:

1. Our adolescents need some form of enforced discipline. (Sad, isn't it?)
2. Training in combat and weaponry will become handy for what is ahead of us.
3. Adequate dietary discipline is urgent - we are heading for widespread obesity with its consequences.

Although it is subtle at this stage, people are starting to say: NO! The racial uprising in Sydney; Greenpeace challenging the Japanese whalers and private boats working at "slicing" the Jap's ships with spikes, and many other isolated incidents.

The Bird flue will be mostly a smoke screen for the Pandemic we can expect within about 18 months. The most alarming situation is Diabetes (an immune deficiency disorder rather similar to AIDS) that will kill you. It is directly linked to Obesity! In New York 1 in 8 has it. In Harlem 1 in 5 has it. It is suggested that it is now of epidemic proportion. There is no excuse or justification for obesity except that too many are not fit to live in an affluent world.

Relationships are starting to take a new dimension. I have an interesting article, written for women. However, men should read it too. It says mostly what I have always said, but better than I have said it in my classes! It is too lengthy to incorporate in the Newsletter but I will gladly email it to you. Send me a blank email with the word: 'Relationship' in the subject line.

Also, in doing my bit for our world, I am offering: *Tomorrow is up to You* (TIUTY) soon. This is the most significant program I have ever designed. For information send me another blank email with: 'TIUTY' in the subject box.

How to contact me: [pdspd@tpg.com.au](mailto:pdspd@tpg.com.au)

"I must Create a System,  
or be enslaved by another  
Man's;  
I will not Reason and  
Compare;  
my business is to Create."  
William Blake

## Contact Us

My general aim for the newsletter is that it is eclectic in its style. Specifically, the Newsletter I envisage as a forum for thinking in words! We have been exposed to many concepts. Often we have that “ah-ah” experience when hearing it, perhaps because a part of us knows what we had forgotten. However, as we trudge back into our everyday lives with our ‘baggage’ intact, our everyday self because of its beliefs and attitudes dictating how we experience our life may contaminate the way we relate to this concept. The concept may well become a throw away line or a mechanism by which to defend or attack. It may be we haven’t given ourselves permission to go into the concept and discern for ourselves what it truly means. Life is usually too busy and one may feel they haven’t got the time. Yet in taking the time without indulging, we can learn so much about ourselves. Isn’t this what we are here to do?

In the beginning of taking over editorial tasks I suggested that it was important to think for self, truly think for self. I also suggested that it mattered not who said what, but what was said. For those who have been willing to submit – an article, a poem, a book review, I thank you for sharing your points of view. Sometimes there has been editorial toing and froing, sometimes not. What matters more than anything is the opportunity taken to bring to light different viewing points.

We are all unique. We do matter and when we take the time to think, truly think through something that matters to us, the learning is 10-fold. If we take then more time to put it in our own words and share it with others, we learn even more. It is not the only vehicle of learning, but for those of us who do find ourselves writing down our thoughts or researching a particular interest, it may well be of great interest to others.

So please feel free to communicate with me either with queries about creating the form for expression or simply submitting your work. In my view your voice matters and this is a great forum for it to be heard by like-minded (similar but different) people.

Please send correspondence and submissions to me, Jan Melanie, at the following email address: [jan@accessit.net.au](mailto:jan@accessit.net.au)

"The meaning of life is to  
find your gift, the purpose  
of life is to give it away."  
Joy J. Golliver