



Volume One: Issue Three

January 2003

From the Editors

We wish all our readers a magical, prosperous new year filled to the brim with love and fulfillment.

2003 is set to be a year of change and transformation. There is a classic Chinese curse which goes: "May you live in interesting times." We certainly live in interesting times, but it doesn't have to be a curse. These are times of great danger and equally great opportunity for those who are ready to make use of them. The potential for personal and world transformation is greater now than it has been for thousands of years.

There are many predictions floating around regarding what is likely to happen in the near future. Some say that the magnetic poles will reverse causing continents to sink and rise quite promiscuously. There is also talk of a mysterious planet coming past that will create total havoc. Many similar predictions have come and gone over the years, so there is no immediate cause for panic. Whatever does happen is likely to be far more wonderful and subtle than anything the predictions have hinted at. It would be a waste of living at this time if we end up amongst those trying to catch up, saying, "What happened?" So here's a toast to 'interesting times'. Let us experience them as deeply as we can.

The editorial staff consists of Patrick Desplace, Tamarinda Schreuder, Kieran O'Doherty, Linda O'Doherty and Carol Holding.

Love and Light
From all of Us.

WDHR News

The Quest is in full swing. Over seventy participants have already signed up and are going full steam ahead with a fascinating and very powerful set of assignments – about twenty are now working on the second installment. Entrance into The Quest will close soon so do not wait too long to enroll if you want to come. Even if you have no intention or desire to go to Egypt, just doing the online training part of the course is extremely valuable, so it is worth enrolling just for that.

In this Issue

From the Editors.....	1
WDHR News.....	1
A Magician's Training – Part Three.....	2
O'Sullivans Cascade.....	6
A Response to Last Month's Commentary on Current Events...7	
Commentary: Current Events... 9	
Riddle of the Month	11
Contact Us.....	12

Patrick will be arriving in Johannesburg, South Africa, on the 28th of January. He is planning to run a variety of courses, which will include *The Awakening Mind, Applied and Pure Metaphysics and the Shamanism course* in Cape Town, Johannesburg and possibly in Port Elizabeth. The details of these and other courses will be posted on www.descendedmaster.com as soon as we have the final details. They will be e-mailed out as well.

After Africa, Patrick will be going on a round-the-world tour, so people in various parts of the world will have the opportunity of working with him again. Paul Balch is running courses in the USA and Canada at the moment. Lisbeth and Norbert Rossel (currently in Austria) are doing very good work in Cape Town, South Africa, and Louis Smit is very actively teaching in Johannesburg – he and Diane will soon be holidaying somewhere in the world for a while. The next year promises to be a very exciting and active year for The World Development of Human Resources.

A Magician's Training - Part Three

Basic Esoteric Psychology
By Tamarinda Schreuder

This is the third part of a series of articles in which we will investigate aspects of the training of a magician.

This article in our series regarding the training of magicians will discuss basic esoteric psychology. The concepts discussed here are fundamental to some of the further articles in the series. Nothing I say in this article is precisely the way it is, as much of what will be discussed cannot be put into words. Just because we know some words and definitions it doesn't mean that we KNOW. A useful analogy is to consider our knowledge of esoteric psychology as a map of a strange country. A map of a strange country can help us to plan our journey and find our way again when we are lost. However, we know that we do not know the country itself unless we personally go there and experience it. We keep in mind that the map may not be completely accurate. The mapmaker may have made mistakes or the country itself could have changed since the map was made. When traveling we keep checking reference points on the map against what we are actually experiencing. The experience is always more real than the map.

Most people believe that they are one being. They may talk about their higher or lower selves, but to them these are just aspects of the one whole. Or they may say that they have an unconscious, but again this is just part of their one self. The esoteric concept is that we are not one self, we consist of three different selves. These selves are separate consciousnesses and can act independently of each other. They may or may not be acting in harmony with each other.

He who desires but acts
not breeds pestilence.

*William Blake, The
Marriage of Heaven and
Hell*

The three different selves are the subconscious, the conscious and the super-conscious or higher self. We will discuss the characteristics of each in turn and then continue:

The Subconscious

Other names for the subconscious are the unconscious, the lower self, the animal self, the Nefesh, the Instinctual Self or the Vital Principle. All beings in physical manifestation from the minerals up have a subconscious (For more information read 'The Consciousness of The Atom' by Alice Bailey). The subconscious is closely aligned with the body. It controls and organizes all aspects of maintaining the body that are not under conscious control. The autonomic nervous system, the homeostatic system etc. are all run by the subconscious. The subconscious is also the self that is readily accessible through hypnosis. This is why hypnosis can have such far-reaching effects on the physical body.

The name 'subconscious' can lead one to infer that the subconscious isn't conscious. However, it *is* conscious, but it isn't conscious that it is conscious. Another way of putting it is to say that the subconscious self is conscious beyond what we generally understand as being conscious. Although it is usually totally committed to preserving the Organism, the subconscious may prompt one to act altruistically for a higher cause such as the preservation of the species. It cannot reason or think logically or at least not in the conventional sense of logic – it has a logic of its own. The subconscious reacts, it does not respond. It can gain impressions and jump to conclusions. It acts instinctively and tends to act in accordance with patterns and habits. For example, if you were bitten by a dog as a child and you still panic many years later every time you see one, this is your subconscious in action. No amount of conscious knowledge that a particular dog is harmless is going to stop you panicking. The subconscious thinks linearly: Dog = threat, this is a dog, therefore it is a threat and you run or fight. You will have to convince your subconscious that there is no longer any threat if you want to overcome the fear.

The subconscious is not verbal in the same way our conscious mind is. Mostly it communicates in terms of images, emotions and sensations.

The subconscious is immensely powerful. It is timeless. It knows everything. It is connected with and can affect and change anything in the universe. It holds all your memories and can access the memories of all other beings in the universe as well throughout all time. All your raw energy and vitality, your passion, your likes and dislikes, much of your sexuality – these are all part of the subconscious. The subconscious is essential for your survival as a physical being, and for the perpetuation of the species.

So to summarize, your subconscious is immensely powerful and knows everything, but isn't very intelligent (in the way we have been taught to recognize intelligence).

Runelore

The Rune Ansuz



Sound: A

Name: Mouth, Godhood

Planetary Rulership: Mercury (passive)

Background

This is also known as Odin's rune or the rune of All Gods, as opposed to Thorn which more associated with demons. This is the rune of the magician and the power of the Word, as in the Bible where God creates the universe in a supreme act of magic by speaking the Word. It relates to all matters of communication, speech, inspiration, power of words and naming, magnetic speech etc. This rune also applies to teaching and taking exams and tests, messages and advice.

This is mainly a rune of good fortune and the gaining of power and wisdom. It rules as well arts related to words such as poetry, stories and songs. An orator like Hitler who was able to enrapture large crowds of people with his speeches, hypnotists, actors, charming and magnetic people in general, conmen etc would all be operating with this *energy*.

The Conscious

This is also known as the middle self, the Ruach or the thinking self. The conscious self is the self that you are most aware of in everyday life. It is *conscious* that is conscious. This self only develops in beings that have moved beyond pure instinctive behavior and so most animals do not have one. They may develop a conscious self when trained through domestication or through the necessity to survive. Like the subconscious, it is located within the physical manifestation.

The main abilities of your conscious self are the ability to think logically and to reason, and it has will. The will of the conscious mind is stronger than the will of the subconscious, which is why it can hypnotize the subconscious. The conscious self does not remember, it retrieves memories with the assistance of the subconscious.

Although the conscious self is often considered a higher faculty than the subconscious, that doesn't mean that the conscious mind is always right. In many ways it is a mixed blessing. The instinctive reaction of the subconscious is often of more value than the intellectually considered response of the conscious mind. Our conscious is the part of us that is trained to make us useful to our society. It often works with closed, circular logic – anything can be explained with logic whether it is correct or not. The conscious uses known premises from the past in order to make sense of the present and attempt to manage the future.

So what use is the conscious? It is the guardian and custodian of the immense power of the subconscious. It reduces access to the subconscious so we can have a 'limited' Human experience in the context of what we have been made to believe to be correct – it is the well-ingrained voice of our conditioned values. Because it can reason and has a stronger will it can use the power of the subconscious for purposes other than mere animal survival and reproduction. Because it isn't bound by habit and instinct it can evaluate what happens and then respond to events in the most meaningful way. Ideally, it can allow us to access new responses and new ways of doing things, but for most us our responses are based on past experiences – more of the same with variations on a tune.

In summary, the conscious can be thought of as 'intelligent' but not very powerful.

The Superconscious

The superconscious is also known as the higher self, the Neshamah or the Divine Self. It is the aspect of us that has Cosmic Consciousness. It partakes of the One that is One, the one of whom naught can be said. It is not part of the physical manifestation, but resides with the One. It is the 'parent soul' and is the creator of the other two selves. It knows and holds the purpose of the other selves in incarnation. It operates in the present as it is beyond the illusion of time. Past, present and future are all *now* for

He who fights with
monsters should be
careful lest he thereby
become a monster. And
if thou gaze long into an
abyss, the abyss will
also gaze into thee.

With regard to what
"truthfulness" is, perhaps
nobody has ever been
sufficiently truthful.

A new order of
philosophers is
appearing; I shall
venture to baptize them
by a name not without
danger. As far as I
understand them, as far
as they allow themselves
to be understood—for it is
their nature to WISH to
remain something of a
puzzle—these
philosophers of the
future might rightly,
perhaps also wrongly,
claim to be designated
as "tempters." This name
itself is after all only an
attempt, or, if it be
preferred, a temptation.

**Excerpt from Beyond
Good and Evil, by
Friedrich Nietzsche.
Download the entire
text from
www.descendedmaster.com**

it.

Many people see this self as a source of unconditional love, support and assistance. This is true, but not necessarily on a level that the conscious self can relate to. Its purpose may be totally different from the purpose the everyday conscious self has for its individual life. If we say: "I cannot live with myself" the "I" is a glimpse of the super-conscious and "the self" is what we have become.

To summarize, the superconscious is beyond words and conscious understanding. It is attained; it can never be perceived by reason, logic or put into words.

Putting it all together

One definition of an adept or enlightened person is that their subconscious, conscious and superconscious selves all act as one, or have become one. The person is therefore capable of consciously acting on any plane of existence. The superconscious cannot act directly in manifestation; it requires something that is already here to act *through*. Most of us have been involved in giving or receiving reiki or some other form of healing. The healer is not the source of the healing energy, he or she merely makes herself available as a conduit for it to flow through. It is as if the healer functions as a step-down transformer, bringing the resonance of the healing or cosmic energy down into line with what can be used in the physical realm.

All healers can do in order to become better healers is to clear any obstructions within themselves that would block the free flow of the energy. This involves making no attempt to understand what is taking place and never deciding the ultimate outcome of the high forces unleashed. In terms of magical and spiritual development the conscious self is the conduit through which energies flow (or are restricted by), both 'up' and 'down'. The first step in developing as a magician (and hence developing spiritually) consists of improving the relationship and level of co-operation and communication between the subconscious and conscious selves. Most of us who are part of the so-called civilized world have at best an indifferent relationship with our subconscious selves.

Most people do not connect directly with their higher selves until they have established a good working relationship with their subconscious. Then it becomes very easy to connect with the higher self and other forces. So the subconscious is a vital part of life to pay attention to.

In our next article we are going to discuss the principles of working with the subconscious and give examples of exercises and techniques that will help you connect with the subconscious more effectively.

The Miser and His Gold

Once upon a time there was a Miser who used to hide his gold at the foot of a tree in his garden; but every week he used to go and dig it up and gloat over his gains. A robber, who had noticed this, went and dug up the gold and decamped with it. When the Miser next came to gloat over his treasures, he found nothing but the empty hole. He tore his hair, and raised such an outcry that all the neighbours came around him, and he told them how he used to come and visit his gold. "Did you ever take any of it out?" asked one of them.

"Nay," said he, "I only came to look at it."

"Then come again and look at the hole," said a neighbour; "it will do you just as much good."

Wealth unused might as well not exist.

Excerpt from Aesop's Fables. Download the entire text from www.descendedmaster.com

O'SULLIVAN'S CASCADE

By Michael Corcoran

In a secret place
Moist and hidden
Between vulva of rock
Water descends on white feet
Down a stone staircase
Pausing on a landing pool
Deep and swirling
And then tripping on
To the freedom
Of the lough.

Under the wings of tender green oak
I enter this place
Sacred since time began
And treading the
Slippery rock come
Surprised
To a rock grotto
Softened with fern
Where the goddess
Waits for my homage.

"Do not tread carelessly,"
she said,
"The rock is slippery and
many have fallen
know the sanctity of where
you are.
Know that your now
Is just one in the
Serried ranks of nows
To bring us to this
Fullness.
Touch me and
Take what you desire

But humbly
In the presence of
So much past.
Rejoice in these
Worshiping waters
And join them
In their endless
Journey to the sea."

The winds and waves are
always on the side of the
ablest navigators.

*Edward Gibbon, The
Decline and Fall of the
Roman Empire*

A Response to Last Month's Commentary on World Events

Here is a response to last month's commentary on world events by Lorraine Davies. Note as well the excerpt from The Prince by Machiavelli on the right hand side of this page.



Commentary on the Four World Teachers from the WDHR Newsletter December 2002

It is quite evident from the photographs of the smiles, smirks, serenity, and severity on the faces of these four world leaders, that they are thoroughly enjoying their roles in this life. Talk about controlled folly! They are playing the game so sincerely that they have the whole world watching as if this is the Men's Final at Wimbledon. Seriously though, it is my view that the current scenario is the final act and grand finale of how to graduate with honours at being a metaphysician, once and for all time – or fail dismally, until the next opportunity comes around.

When I look at each one of them and ask the question, "What qualities do they all have in common?" This is what I come up with:

1. Each man is charismatic and possesses a large degree of animal magnetism
2. Each has a fundamentalist view of the world and is able to influence large numbers of the population to "follow" or "agree" with his worldview.
3. Each man is totally committed to the personal truth that, "my way is the right way".
4. Each man believes he is fighting for justice. In the case of George W. – the justice of American-style "Freedom and the Democratic Way". Saddam, Osama, and Muammar, all fight for the furtherance of Islam and an end to the supremacy of "Western arrogance and the decadence of capitalism".
5. I trust absolutely that each man is totally capable of absolutely anything!
6. Each man is willing to do whatever it takes to fulfill his destiny, even if this means taking the entire planet to war and possible total annihilation. An attitude of "all the way and with everything!"

Excerpt from The Prince

Those who by valorous ways become princes, like these men, acquire a principality with difficulty, but they keep it with ease. The difficulties they have in acquiring it rise in part from the new rules and methods which they are forced to introduce to establish their government and its security. And it ought to be remembered that there is nothing more difficult to take in hand, more perilous to conduct, or more uncertain in its success, then to take the lead in the introduction of a new order of things. Because the innovator has for enemies all those who have done well under the old conditions, and lukewarm defenders in those who may do well under the new. This coolness arises partly from fear of the opponents, who have the laws on their side, and partly from the incredulity of men, who do not readily believe in new things until they have had a long experience of them. Thus it happens that whenever those who are hostile have the opportunity to attack they do it like partisans, whilst the others defend lukewarmly, in such wise that the prince is endangered along with them.

It is necessary, therefore, if we desire to discuss this matter thoroughly, to inquire whether these innovators can rely on themselves or have to depend on others: that is to say, whether, to consummate their enterprise, have they to use prayers or can they use force? In

7. Each man is single-minded, and totally focussed on his purpose

Each man represents one facet of the major Energies at play today:

Osama Bin Laden – The Peasants (Fire) Although he is a very wealthy man, he retains the “common touch” and is prepared to live with his warriors in the hills and caves. He exudes an air of humility and can best be summed up with the statement, “of mine own self I can do nothing, it is the will of Allah to use me as his tool”.

Muammar Gaddafi – The Mystic (Water) He is both the religious and temporal leader of his people. When he first appeared on the world stage, it was believed he could be the next incarnation of the Anti-Christ (The Biblical Beast).

Saddam Hussein – The Nobility (Air) He does after all own 21 palaces and is preparing to become Emperor of his people! He recently re-wrote his family tree to prove that he is in fact a direct descendant of Mohammed, so perhaps this puts him in line to become a godlet? He takes pride in the sharpness of his sword and the size of his arsenal. He has come to give humanity a royal kick up the arse! Unless we act with extreme discernment, we are going to get taken out.

George W. Bush – The Merchant (Earth) As leader of the most powerful industrial nation on Earth, he represents The Grand Promise. I “luuurvve” the way the crest behind his head acts like a halo of gold – symbol of the pentacle. He has been given the job of “Master of the Illusion”, and everything he stands for is a perfect reflection of our pride and self-importance.

Our ability to maintain personal resonance is one of the most important lessons to be gained here. Our attachment to the Illusion and to what degree we buy into The Grand Promise is what will take us down. We are being given the most amazing opportunity to go beyond fear and negativity once and for all. I am reminded of the poem by Rudyard Kipling, which sums up our current situation exceptionally well:

IF

If you can keep your head when all about you
Are losing theirs and blaming it on you; (*Accountability*)
If you can trust yourself when all men doubt you,
But make allowance for their doubting too;

If you can wait and not be tired by waiting, (*Patience*)
Or being lied about, don't deal in lies, (*Honesty*)
Or, being hated, don't give way to hating,
And yet don't look too good, nor talk too wise; (*Humility*)

If you can dream - and not make dreams your master;

the first instance they always succeed badly, and never compass anything; but when they can rely on themselves and use force, then they are rarely endangered. Hence it is that all armed prophets have conquered, and the unarmed ones have been destroyed. Besides the reasons mentioned, the nature of the people is variable, and whilst it is easy to persuade them, it is difficult to fix them in that persuasion. And thus it is necessary to take such measures that, when they believe no longer, it may be possible to make them believe by force.

Excerpt from *The Prince* by Nicollo Machiavelli. Download the entire text from

www.descendedmaster.com

If you can think - and not make thoughts your aim;
If you can meet with triumph and disaster
And treat those two impostors just the same;

If you can bear to hear the truth you've spoken
Twisted by knaves to make a trap for fools;
or watch the things you gave your life to broken,
And stoop and build 'em up with worn out tools;

If you can make one heap of all your winnings
And risk it on one turn of pitch-and-toss,
And lose, and start again at your beginnings
And never breathe a word about your loss;

If you can force your heart and nerve and sinew
To serve your turn long after they are gone,
And so hold on when there is nothing in you
Except the will which says to them: "Hold on";

If you can talk with crowds and keep your virtue,
or walk with kings - or lose the common touch;
If neither foes nor loving friends can hurt you;
If all men count with you, but none too much;

If you can fill the unforgiving minute
With sixty seconds worth of distance run -
**Yours is the Earth and everything that's in it,
And - which is more - you'll be a Man my son!**

As the last two lines declare, this global scenario is about nothing less than becoming **Supreme Author of our Domain**. In the battle between Domination and Dominion, unless we are willing to acknowledge that we have entered the Age of Consent and to take responsibility for **everything** we create, then we are indeed doomed to dangle on the end of strings yanked by a host of Puppet Masters.

Commentary on Current Events

By Patrick Desplace

History repeats itself. Those of you who have kept up with the history of the last century remember Japan joining the axis with Italy and Germany (World War II) after it was deprived of essential raw materials, mostly by the USA... Then we had Pearl Harbour, Hiroshima and Nagasaki. The Allies won many battles but lost the war to the Axis: Proof - look into your lounge or your driveway or around your home - Nissan, Toshiba, Grundig, BMW, Fiat, Toyota, Sony etc, etc..

Perhaps some will argue that products from the "defeated" countries dominating many sectors of the market is not proof that the allies "lost" the war. However, the "Conquerors" had to foot the bill to rebuild the devastated nations. Of course they reaped many

Anyone who is capable of getting themselves made President should on no account be allowed to do the job.

Douglas Adams (1952 - 2001), The Hitchhiker's Guide to the Galaxy

benefits later on... The world as a whole benefited as well through the technological advances that usually occur during a war. Could it be that there is an positive aspect to a war? One that comes to mind is that people are shaken out of their complacency...

The US just won the battles but is losing the war against the Taliban in Afghanistan. The Taliban militias are still fighting - on their own ground, in their own way, and are anything but defeated. Their resolve is unbending. The Marines in Afghanistan had the following inscription on their Tanks: "It is up to God to forgive Osama Bin Laden, it is up to us to organize the meeting". They have blatantly failed to organize that meeting! The US hasn't won any wars in the recent past, although they won many battles. They lost the Gulf War, Vietnam, Korea and couldn't even make a dent in a backward place like Somalia. This is in part because the American leaders lack a united political front and can't afford to lose too many soldiers before the voters turn against them - not that they necessarily care about the soldiers! The opponents of the USA are proud to die for their country because they have been placed in a situation where they have very little to lose - all they have left is Hope for the afterlife and for their offspring in a far away "Perhaps" future...

The Koreans, both South and North hate the Americans. As North Korea gets its supplies cut off, could it be that we will experience another Pearl Harbour? Perhaps it will be the 37, 000 US troops in South Korea who will experience the first Nuclear test by North Korea. Many countries have unadvertised Nuclear capabilities; think of Israel, Iran, South Africa (prior to the new regime), Japan, Australia (controlled by USA) etc.

Our western world leaders are failing to understand the Ontology of both the Islamic and Asian people. The Western leaders seem to have an inflated idea of themselves, forgetting that their opponents are a proud people with millennia of culture behind them. If they perceive that their backs are against the wall, like the rest of us they will fight to the bitter end (or like trapped and cornered animals, and you might as well sell your life as dearly as you can). Life is cheap in comparison to the possibility of eventual victory if you believe yourself as good as dead anyway! (Note the one airplane where the hijackers were attacked by the passengers on Sept 11).

I recently heard that Islamic Pilots of Western Airliners are targeted for conversion to a more militant regime. Apparently the most likely candidates are those who married an "Infidel" and are now being "persecuted" by the Infidel's laws. So we are likely to have flying Molotov Cocktails in our skies soon if we do not have them already. Anybody who believes that they have a grievance can be more easily influenced to act violently against those he feels he has a grievance against. Things are changing so fast that this article, no matter how general and vague it is, will be redundant in a few days... Tomorrow is a mystery.

Will I make it to South Africa on the 28th Jan 2003 as planned? Will I ever make it out of South Africa in 3 to 6 months? I have no idea...

A confused nine year old boy goes up to his mother and asks, "Is God male or female?"

After thinking for a moment, his mother responds, "Well God is both male and female."

This confuses the little boy, so he asks, "Is God black or white?"

"Well, God is both black and white."

This further confuses the boy so he asks, "Is God gay or straight?"

At this the mother is getting concerned, but answers nonetheless, "Honey, God is both gay and straight."

At this the boy's face lights up with understanding and he triumphantly asks, "Is God Michael Jackson?"

All I know is that I will be in the right place at the right time! Besides our tense political situation, there are other factors of a more Esoteric nature to be taken into account – somewhere between June & August we are going to be under peak Cosmic influences in our Solar System... Some talk about Planet X. The advent may not be a physical planet visiting us, but an energy field that will begin to prepare our Solar System for its next phase of evolution... Whichever way things turn out, our world has a future, although there is no certainty that either you or me will be part of this future. A time of changes, an exciting time is upon us...

Please respond. Either to me personally (patrick@descendedmaster.com) or preferably post your response on the Forum and I will respond... www.descendedmaster.com

Riddle of the Month

An answer to last Month's riddle: The Five Feathers

There are two white feathers and three black feathers. The third man can see the feathers on the heads of the two men in front of him. If he were looking at two white feathers, he would know that the feather on his head had to be black and say so. However, he doesn't speak so the other two know that he isn't looking at two white feathers. He is either looking at two black feathers or one white feather and one black feather.

The second man can see the feather of the first man in front of him. If the second man was looking at a white feather he would know that the feather on his head had to be black and he would speak up but he doesn't say anything either. By this the man in front knows that the second man is looking at a black feather and can say that he knows for certain that the feather on his own head is black.

If anyone found an alternative answer that also works, please let us know. We will publish it in the next newsletter.

This month's Riddles:

For this month we have two short riddles:

The Lion, the Goat and the Cabbage

A man has a lion, a goat and a cabbage. While he is with them he can control them but the moment he leaves them alone the goat starts eating the cabbage and the lion starts eating the goat. He needs to get them across a river. His only means to carry them across is a small boat. This boat is so small that he can only take one of them at a time. How can he get all three across the river unharmed?

What was the Captain's Name?

"Abandon the search for God and the creation and other matters of a similar sort. Look for him by taking yourself as the starting point. Learn who it is within you who makes everything his own and says, 'My God, my mind, my thought, my soul, my body'. Learn the sources of sorrow, joy, love, hate...If you carefully investigate these matters, you will find him in yourself."

Monoimus, a Gnostic teacher

A little ship went out to sea
What was the captain's name
I've told you once
I'll tell you again
What was the captain's name

Contact Us

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It is a simple procedure to calculate the number of seeds in an apple. But who among us can ever say how many apples are in a seed?

Dr Wayne W. Dyer